



# THE HEIGHTS

News and Information from Lilydale Heights College

**Principal: Shane Kruger**

**Asst. Principals: Isabella Phillips/Tim Wright**

**Issue: 10 Volume: 22**

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## COLLEGE CALENDAR 2022 – DECEMBER

Thursday 1 <sup>st</sup> & Friday 2 <sup>nd</sup>	Year 11 2023 IEPS
Monday 5 <sup>th</sup>	Peer Support Training Day
Tuesday 6 <sup>th</sup>	Funfields excursion Year 9
Wednesday 7 <sup>th</sup>	SIRC Planning Day
Thursday 8 <sup>th</sup>	Year 7 – 11 Awards afternoon
Friday 9 <sup>th</sup>	Year 7 - 9 classes finish / Final Assembly Year 7 - 9
Monday 12 <sup>th</sup> & Tuesday 13 <sup>th</sup>	Student Activities, Year 7, 8 & 9 CANTEEN CLOSED
Tuesday 13 <sup>th</sup>	Orientation Day CANTEEN CLOSED
Wednesday 14 <sup>th</sup> – Monday 19 <sup>th</sup>	School Yard Blitz / Enviro. Day, Year 7, 8 & 9 CANTEEN CLOSED
Tuesday 20 <sup>th</sup>	Last day of term - no buses, no formal classes CANTEEN CLOSED

**Please Note: all dates and times are subject to change**

## PRINCIPAL'S REPORT

### LEARNING FOCUS

Over the last few weeks, many of our senior students have been involved in a range of assessment tasks and exams as they finalise their coursework for 2022. Our Year 12 students recently finished their exams and celebrated the end of 13 years of schooling at their Valedictory Dinner at the Karralyka Centre. It was a wonderful evening and a great way to farewell our Class of 2022. Congratulations to all of the award winners and to every student from the Class of 2022. We wish you every success for your future.

Our Year 11 and Year 10 students have also completed their final assessments and have transitioned into their GO Program in preparation for 2023. The GO Program is designed to allow students to begin their 2023 classes early, giving them greater opportunities for success. Our students have attended each of their new classes during the week and have received material to work on over the holidays as they prepare for the new school year.

We have also been heavily preparing the transition process for our new students coming into Year 7 next year. Our Year 7 Team have been visiting our local primary schools to learn about our new students so that we are able to ensure a smooth transition as they begin their learning journey at Lilydale Heights College. We recently hosted an online session for all of our new students to introduce them to key people within the school and to share with them information on the upcoming Orientation Day. Our new students were very engaged in the session, asking a lot of great questions about what high school is like. Sessions such as these are key events in the transition process for students. Many students feel both excited and nervous about their transition to high school and events such as these allow students to alleviate some of those nerves by having their questions answered. I would like to thank the entire panel who were involved in the session and look forward to meeting all of our new students at the Orientation Day on December 13.

**Absence Hotline: 9735 7040**

**Email: [lilydale.heights.co@education.vic.gov.au](mailto:lilydale.heights.co@education.vic.gov.au)**

**Visit: [www.lilydaleheights.vic.edu.au](http://www.lilydaleheights.vic.edu.au)**



## *Principal's Report (continued)....*

### **PARENT FINANCIAL CONTRIBUTIONS**

At this time of year, schools and families are making preparations for 2023. Subjects are being released, booklists published and information on Parent Financial Contributions are communicated. I did want to take a moment in this newsletter to share with families the importance of Parent Financial Contributions. Schools provide students with free instruction to fulfil the standard Victorian Curriculum and we want to assure you that all contributions are voluntary. Nevertheless, the ongoing support of our families ensures that our school can offer the best possible education and support for our students. We want to thank you for all your support, whether that is through fundraising or volunteering your time. This has made a huge difference to our school and the programs we can offer. The support that we receive through Parent Financial Contributions is always greatly appreciated and allows us to continue to provide materials, equipment and positive learning spaces for our students. Within our school, this support has allowed us to provide a wider offering of subjects and special curriculum experiences; enhanced digital learning opportunities, upgrade of our Apple iMac computer pod and faster WIFI and internet. Families are able to pay their Voluntary Financial Contributions for Curriculum items and/or other curriculum items via Payment Plan instalments, Centrepay or in full to the General Office.

### **INTENTIONS FOR 2023**

As we continue to plan classes for 2023, it is important for us to have accurate student numbers. This allows us to maximise the learning opportunities for all students and to ensure that all students are supported in their transition. If your child is not planning to return to Lilydale Heights College in 2023, can you please contact the General Office to inform us of their exit? Thank you for your support with this.

### **SCHOOL REVIEW**

We completed our school review this term which has been an enormous yet rewarding task. It has allowed us to celebrate the success of our school and to plan the next steps in our improvement journey. Some of the key findings from the review panel highlighted the positive work that we are doing around our agreed instructional model and our focus and development of a documented curriculum and common assessment tasks. They agreed that from the classroom visits that they attended, the focus groups and the data, we have established a calm and orderly learning environment that is supported by positive relationships. Some of the highlights from the review also included our focus on Literacy and Numeracy, our focus on staff collaboration and culture and our First Nations approach. The final report and School Strategic Plan are currently being finalised. Once this is done, we will share this with our community.

### **CHANGE IN TERM DATES FOR 2026**

It may seem like a long time away, however, we wanted to inform our community that there have been changes to Victorian school term dates for 2026. This will provide an opportunity for Victorian communities to participate more broadly in the 2026 Commonwealth Games. The 2026 Commonwealth Games will take place across regional Victoria from Tuesday 17 March to Sunday 29 March 2026, with Geelong, Bendigo, Ballarat, Gippsland and Shepparton hosting a range of activities and events for 20 different sports and 9 para-sports.

The 2026 Victorian school term dates are:

- Term 1: Tuesday 27 January to Friday 13 March 2026
- Term 2: Monday 30 March to Friday 19 June 2026
- Term 3: Monday 6 July to Friday 18 September 2026
- Term 4: Monday 5 October to Friday 18 December 2026.

For the list of school term dates until the end of the 2030, refer to [\*School term dates and holidays in Victoria\*](#)

**Shane Kruger, Principal**





## ASSESSED SILVER AWARD EXPLORATION

Great job to all! It was a pleasure to take this group of students out to explore this amazing coastal environment. The students faced the challenges of wet and windy weather in the week leading up to camp, but everything was worthwhile and the major levels of rain held off for us!!!

The students continued to support each other through the three day experience. Their navigation, motivation when tired, cooking and camping skills are clearly developing. We had so many laughs in the wet and the dry and the students achieved their learning goals of exploring and learning new information about the Otways and the Lorne coastline. They also extended their personal skills and abilities in a variety of ways; in particular their map reading, campcraft and especially the fishing experiences grew.

Congrats Silver Duke of Ed group 2022 for being resilient, responsible and excellent!!!!

Clare Rayner – Duke of Ed Co-ordinator.





*Assessed Silver Award Exploration (continued)....*





## MIDDLE SCHOOL AUSLAN EXCURSION

On Thursday November 3rd, our Year 9 and 10 Auslan students travelled to Prahran to see the site of the first deaf school in Victoria. We looked into the school's history, played several **very** competitive rounds of rapid fire to test students' Auslan knowledge and used Auslan to communicate and order lunch at the College's Tradeblock Cafe. The students practised their order while in line, showed great respect and courtesy and enthusiastically participated in all activities for the afternoon. It was also really lovely to see students from the previous semester brush up on their Auslan skills to participate on the day.

Ms Dunn-Famularo and Mrs Taylor thoroughly enjoyed the group's enthusiasm and company throughout the excursion and couldn't be more proud of how the students conducted themselves in a public space.

Kerrie Taylor – Auslan Teacher.



## SUSTAINABILITY TEAM

The Sustainability Team celebrated National Recycling Week with a trivia competition. The questions were provided by VISY who support the program. The questions were quite difficult, however the participants learned a lot when we went through the answers. The theme for the week was 'Waste isn't waste until it's wasted', which is a good reminder to us all that there are many strategies we can use to reduce rubbish going to landfill.

The team is very proud to announce that through the support of the community, we have sent to various collection sites this year to date:

- 2 black garbage bags full of blister packs
- A 1/4 of a cubic meter box of batteries
- 2.95 kg of oral hygiene waste

We are now collecting used pens/textas/highlighters/liquid paper bottles, as well as oral hygiene products and tablet blister packs. Bring these to the collection point in the General Office.

If you are interested in making the College more Resource Smart, join us in the Sustainability Hub every Thursday lunchtime.

Shannon Sargeant – Sustainability Leader.



**The Lilydale Heights College SIRC would like to thank Bakers Delight Chirnside Park for their support and sponsorship of Breakfast Club on Tuesday and Thursday mornings**



*Lilydale Heights College would like to thank Bendigo Bank Mooroolbark Community Branch, for their support and sponsorship of the Duke of Edinburgh Program and our Automated External Defibrillator Device (AED).*

Mooroolbark  
**Community Bank® Branch**  **Bendigo Bank**



## ASSESSED BRONZE EXPLORATION TO ACHIEVE DUKE OF EDINBURGH AWARD

We had a very good camp and all students successfully completed their Assessed Bronze Exploration experience around parts of the Mornington Peninsula. As always, the students listened carefully, they were very respectful of the staff, each other and all of the members of public that they came into contact with.

On Saturday the students completed a walk down to and around Pt Nepean; they coped with some very warm conditions. The second day of their experience was to navigate and walk along the bottom of Bushrangers Bay. Once again it ended up being a warm day. Each student took on the role of navigator for a part; they definitely increased their awareness and confidence. Another fantastic part of the weekend was at and around our campsite; games of kubb and frisbee were a delight to watch with all the students working together and having fun. This continued with the evening meal, students cooked a range of fantastic, nutritious meals on their Trangia stoves - and this part really impressed me - they really made a fantastic effort to clean all of their equipment to an excellent standard - we could see our faces in their Trangia stoves!

This group of students were great; it is always a pleasure to share different parts of the outdoor environment and adventurous journeys with them. I hope they will be able to continue using their experiences in their future explorations.

Great job awardees and we look forward to presenting you with your final certificates at our Celebrations Afternoon.

Clare Rayner – Duke of Edinburgh Co-ordinator.





*Assessed Bronze Exploration to Achieve Duke of Edinburgh Award (continued)....*





## 2022 SPORTS WRAP-UP!

Throughout 2022 Lilydale Heights Interschool Sports teams competed in numerous sports events and went on to win 20 Yarra Group competitions including Softball, Baseball, Tennis, Soccer, Cricket, Basketball and Table Tennis at all year levels.

However, it was our Badminton teams that shone out this year, winning the Year 7 and 8 Girls and Boys competitions, the Intermediate Boys comp and the Senior Girls comp.

A special mention to our Intermediate Boys racket team – Tennis, Badminton and Table Tennis – who won each of those events in the Yarra Group competition and then went on to compete in the Eastern Metropolitan Region competitions. Great effort Jolyon Scobie, Remy Boatwood, Oliver Rose, Monte Darlison and James Ackroyd.

A student's write up – Table Tennis:

*On Wednesday the 26th of October, the Middle School Boys Table Tennis team went out to participate in the Eastern Metropolitan Region round of competition. Unfortunately, it didn't go too well and our school was placed in a very difficult pool and struggled, not managing to win a match. Despite this, we had an awesome time being able to go and participate in the day and bring home an amazing experience.*

*Jolyon Scobie 10B*

After winning their events during the College Swimming, Athletics and Cross Country Carnivals, there were also a number of students who then went on to compete in these events in the Yarra Districts and Eastern Metropolitan Region competitions.

A great year for our Inter-school Sports teams.

Sonya Tamos – Inter-School Sports Co-ordinator.





## LHC MUSIC STUDENT PERFORMS WITH THE MAROONDAH SYMPHONY ORCHESTRA

Year 9 Music student Darcy Fynmore was invited to perform in the Percussion Section for the Maroondah Symphony Orchestra's end of year concert.

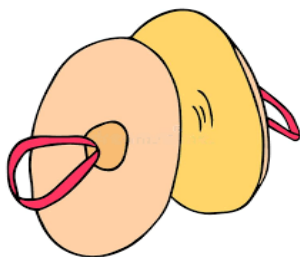
Darcy gained valuable rehearsal, organisation and performance skills playing with the local Ringwood based orchestra, demonstrating his counting and percussion playing skills, whilst performing on the crash cymbals and bass drum.

Darcy's prior music reading experience from playing in many of the school's Music Department ensembles served him well. Darcy demonstrated the ability to be able to count through long passages of rests, listening for instrument cues, whilst watching the conductor, reading his music, coming in at the right time, in time and at the correct volume! This is not an easy feat. A keen sense of rhythm, time, pulse and detailed organisation are essential attributes for a performing percussionist.

Under the direction of conductor Gyula Cseszko, the almost sixty piece orchestra performed 'Classics from the Movies,' including major works by John Williams, Tchaikovsky, Sibelius, Verdi, Khachaturian, Beethoven and Barber.

Darcy is to be congratulated on his efforts, where, alongside his Percussion Teacher, he gained a taste of what it is like to play in a 'real' orchestra and how heavy the hand cymbals are to hold, lift and crash in time!!

Sue Haylock – Instrumental Music Teacher.





## GOLD DUKE OF EDINBURGH AWARD CEREMONY

It is absolutely fabulous to see students that have been working so hard for the last two years working towards gaining their Gold Awards.

Congratulations to Isabella Theophanous Maddison and Franc D'Couto; two of our students who have been extremely passionate about their work through the Award Program. Since Year 7 they have gained their Compass Awards, their Bronze, Silver and now the very prestigious Gold Award.

This Award involves five sections over the two years, where the student must set a goal and then work towards it, logging over 52 hours of continuous efforts. The five sections involve: Physical Recreation, Skill, Service to the Community, a 4-day self-directed Adventurous Journey and a 5-day Residential Project.

It has been a pleasure to work with Bella and Franc through their Duke of Ed Awards and it was great to see them go to the official Gold Award Ceremony at Melbourne Town Hall and be presented with their Awards amongst the other 135 Gold awardees in the whole of Victoria. A massive celebration and achievement. Well done Franc and Bella – We wish you well!

Clare Rayner – Duke of Edinburgh Co-ordinator.







# **Lilydale Heights College Music is Taking new enrolments for 2023**

Want to challenge yourself?

Want to make friends with like minded students?

Love Music?

## **Join our Instrumental Music Program!**

Whether you already play an instrument or are a beginner,  
there is a place for you!

### **Instruments we Teach:**

Trumpet, Trombone, French Horn, Tuba, Saxophone, Flute,  
Clarinet, Guitar, Bass Guitar, Drums.

For enquiries send emails to  
[dimitri.willenberg@education.vic.gov.au](mailto:dimitri.willenberg@education.vic.gov.au)







Click & Collect



Flexible  
Exchange Options



Pre-book your  
Personal Fit



LILYDALE HEIGHTS  
COLLEGE

Your uniform is available from our

**CROYDON**  
**PSW RETAIL OUTLET**

**UNIT 8A, 51 LUSHER ROAD,  
CROYDON VIC 3136**  
**(03) 9768 0336**

**EXTENDED TRADING HOURS\*\***

7 Nov 2022 - 11 March 2023

Monday to Friday: **9:00am – 5:00pm**

Saturday: **9:00am – 2:00pm**

**NORMAL TRADING HOURS\*\***

All year round except Extended Trade Period

Tuesday to Friday: **9:00am – 5:00pm**

Saturday: **10:00am – 1:00pm**

**CLICK & COLLECT PICK UP  
AVAILABLE**



## LILYDALE HEIGHTS COLLEGE

Unisex		Colour	Logo	Size	Price(\$)
1110402	S/S Polo Shirt - Stripe Collar & Armbands	White-Navy-Yellow	Embroidery	10/3XS-4XL	38.95
1191055	L/S Shirt - Stand Collar	White		8-14/XS 16/S-5XL	30.95 32.95
1110255	V Neck Nylon Windcheater	Ink	Embroidery	10/3XS-2XL	42.95
1114040	Flat Front Flexiwaist Trouser	Ink	Embroidery	62-117	57.50
1113040	Flat Front Flexiwaist Short	Ink	Embroidery	62-117	47.00
<b>Female</b>					
1118016	Summer Dress - Contrast Collar & Cuffs	Navy/Royal/White/Gold Check - 276	Logo	Size	Price(\$)
1104001	Box Pleat Skirt	500-Navy/Royal/White/Gold Check		10G-22L 10G-18G/12L 14L-22L	67.95 57.95 68.95
1111991	Ladies Expandable Tailored Pant	Ink	Embroidery	6L-22L	57.50
1111927	Ladies Tailored Shorts-Adjustable Waist	Ink	Embroidery	6L-22L	44.00
<b>Sport</b>					
1111569	Stretch Microfibre Shorts	Ink	Embroidery	10/3XS-3XL	37.50
1111909	S/S Micromesh Polo with Contrast	Royal_Ink_Yellow	Embroidery	10/3XS-4XL	41.95
1112017	Stretch Microfibre Tracksuit Pants	Ink	Embroidery	10/3XS-3XL	54.95
1118432	Bonded Jacket-Contrast Chest	Ink-Royal-Yellow	Embroidery	10/3XS-4XL	86.95
<b>Accessories</b>					
1101919	Baseball Cap	Royal	Embroidery	ALL-ALL	17.95
1100593	Adjustable Mesh Bucket Hat - Contrast P	Royal_Yellow	Embroidery	XS-L-XL	17.50
1106206	Jacquard Beanie With Pom Pom and Bad	Ink_Royal_Gold		ALL-ALL	16.50
8303200	College Backpack w Laptop Insert	Ink	Embroidery	ALL-ALL	65.00
2511050	Crew Sock - 3 pack	Navy		9--12-11--14	18.95
1110760	Cushion Foot Sport Socks - 3 Pack	White		9--12-11--14	18.95
2513050	Opaque Tights	Navy		MID-XTALL	10.95



## Feeling Safe: For Secondary School Students

### Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



### What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you, or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children – it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

### What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
  - controlling a child through threats
  - exposing a child to sexual material and sexual acts
  - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central:  
<http://www.youthcentral.vic.gov.au/know-your-rights/sexual-assault>.

### **What should I do if I have been abused or I feel unsafe?**

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

### **What should I do if I think someone I know has been abused or is unsafe?**

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

### **What if my friend doesn't want to tell an adult?**

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.

### **What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?**

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

### **What if I don't feel like I can talk to anyone at my school?**

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

### **There are many people who can support you to feel safe and protected. You can:**

- contact eHeadspace for advice online visit: [www.eheadspace.org.au/](http://www.eheadspace.org.au/)  
**Call 1800 650 890**
- contact KidsHelp Line: <https://kidshelpline.com.au/teens/> (24 hour web chat) **Call 1800 55 1800**
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.

