



# THE HEIGHTS

News and Information from Lilydale Heights College

**Acting Principal: Shane Kruger Asst. Principals: Isabella Phillips/Tim Wright**

**Issue: 6 Volume: 22**

**Date: July 2022**

## COLLEGE CALENDAR 2022 – AUGUST

Friday 12th	Voice of 8
Friday 19 <sup>th</sup>	Curriculum Day – no students required
Tuesday 30 <sup>th</sup>	Yarra Group Athletics Carnival
<b><i>Please Note: all dates and times are subject to change</i></b>	

## PRINCIPAL'S REPORT

### Warm Welcome

I wanted to begin my first newsletter article at Lilydale Heights College by saying thank you. It is an honour and a privilege to have been appointed to this role in such a wonderful school. From my first day on Monday 18<sup>th</sup> July, I have been warmly greeted and welcomed by staff and students. Many of them have gone out of their way to introduce themselves, to tell me about the school and to share with me their thoughts on what makes Lilydale Heights College a great school. I have spent my first week learning about the College (something that I am sure I will continue to do over the coming weeks), visiting classrooms, staffrooms, wandering the yard at recess and lunchtime speaking to students, visiting clubs and going to Breakfast Club. The common element amongst everyone I have spoken to, students and staff, has been that everyone has spoken positively of the school. Whether it is the collegiality of the staff, the opportunities that students have in and out of the classroom or the focus on teaching and learning; all members of our community have spoken positively about the school.

Just as I am learning about Lilydale Heights College, I feel that it is important to share with you some information about me so that you can learn what drives me as an educator and leader. Over the years I have led a number of portfolios in a range of leadership roles including Curriculum (Teaching and Learning, Assessment), Wellbeing, Sub School and Inclusion. I am passionate about ensuring that we are providing a safe, supportive and stimulating learning environment that maximises the learning growth of every student. I want to ensure that both the wellbeing and learning needs of students are met so that they continue to develop as lifelong learners. At Lilydale Heights College, I will continue to strive to create a positive learning culture that enables effective teaching and learning to occur for all students in every aspect of their development. There is always a lot to learn when joining a new school and I look forward to getting to know the Lilydale Heights College community further over the coming weeks.

### Thank you Rosina Fotia

As you are all aware, Rosina Fotia took on the Principal role at Ringwood Secondary College from last week. On behalf of the Lilydale Heights College community, I wanted to both congratulate Rosina and to thank her for her leadership of the College and for her ongoing dedication to improving the learning for all students. We wish her all the best in her new position and for the positive impact she will continue to make on the education of young people.

**Absence Hotline: 9735 7040**

**Email: [lilydale.heights.co@education.vic.gov.au](mailto:lilydale.heights.co@education.vic.gov.au)**

**Visit: [www.lilydaleheights.vic.edu.au](http://www.lilydaleheights.vic.edu.au)**



## Principal's Report (continued)...

### Course Selection Process

Last Wednesday we hosted our Middle School and Senior School Information Night. It was a wonderful evening where our Senior School Leader Emma Steeper, Curriculum Leader Bryce Denny and Assistant Principal Team Isabella Phillips and Tim Wright, shared with our community valuable information about the course selection process. All of the information presented at the evening is available to families and students via Compass. Curriculum Handbooks are also available via our College website at <https://www.lilydaleheights.vic.edu.au/learning>

I would encourage all students and families to familiarise themselves with the information that is available regarding the subjects on offer and to have conversations at home about their course for 2023. If you have any questions about the course selection process, please do not hesitate to reach out to the College. Thank you to Emma, Bryce, Isabella, Tim, the Senior School Team, the Middle School Team and the Careers Team for their support of students through the course selection process.

### Building Updates

Construction on our new C-Wing has been completed! This new complex is outstanding and will provide a modern, engaging learning environment for our students. Classes will start to move into C-Wing shortly and we cannot wait to see this learning space in use. It is a very exciting time for Lilydale Heights College.

### Masks

To help reduce the spread of COVID-19 and other illnesses, especially influenza, throughout the remainder of the winter season, expectations around the wearing of masks have been updated. Staff and students are encouraged to wear masks **indoors** from now until the end of winter. Further information about the wearing of masks is available on Compass. Wearing masks is a simple step we can all take this winter to reduce the number of COVID-19 cases and ensure our schools are as safe as possible. **We ask for the support of staff, parents and students to ensure that we can do our best to keep everyone safe.**

### Shane Kruger, Acting Principal



## CHILD SAFETY AND WELLBEING AT LILYDALE HEIGHTS COLLEGE - INFORMATION FOR FAMILIES AND THE SCHOOL COMMUNITY

The Victorian Government has announced new [Child Safe Standards](#) to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Lilydale Heights College has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the college website .

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

As valuable partners in promoting and maintaining child safety and wellbeing at Lilydale Heights College, we welcome and encourage your feedback. If you have any suggestions, comments or questions, please contact Shane Kruger or Isabella Phillips.

## YEAR 10 CAMP – SHIPWRECK COAST

In the last week of Term 2, the Year 10 cohort packed their bags and set off on a trip down the Shipwreck Coast in the southwest of Victoria. After an early start on Monday morning, we took off toward Port Fairy, stopping in Lorne and many places along the Great Ocean Road. After a hike to the beautiful Erskine Falls, we finally made our way toward our accommodation in Port Fairy. Mumma Jo cooked up a storm, starting us off with an awesome spag bol!

Tuesday morning kicked off with a quick bus ride to Tower Hill to check out the beautiful volcano and experience an Indigenous Culture and Nature tour, where we learned about Indigenous history in the area. We were then guided around the property, getting pointers on spotting koalas, trying out some edible plants, as well as a lesson in how to throw boomerangs. After some well deserved lunch, we headed to the Maritime Museum in Warrnambool to learn about various shipwrecks such as the Loch Ard and had a highly competitive scavenger hunt. We headed back to camp for tea, then back to the Maritime Museum for an absolutely incredible light and sound show, describing stories about the pioneering ship adventure down the coast in the 1,800's.

Day three started with a split of the group, half going on a cruise around the bay whilst the others went on a guided tour of Griffith Island, eventually seeing the lighthouse. After some lunch we were split into groups again to finally get into some ice cold water – it was time for SURFING AND SNORKELING!! Although the water was cold, wetsuits and a good attitude kept everyone warm and happy. After some much needed warm showers we had some time to explore Port Fairy before Trivia, which included a highly entertaining lip-sync battle.

Thursday started early, setting off for some sightseeing down the Great Ocean Road, eventually making it to the awesome 12 Apostles. After a delicious lunch we set out on a hike through the Otway National Forest. We finished the walk with a nice BBQ for tea, then we went down the same path as the sun was going down, making sure to be as quiet as possible, to see some glow worms.

To start the fifth and final day we had an early start, waking up at 5:15 a.m. to set off on our way to the Otway Fly Park where we participated in high ropes, ziplines, an enchanted garden walk and a treetop walk. After a lovely lunch we finally started heading off on the loooooooooooooong drive home.

We all had an extremely fun time and we would like to say a huge thank you to Mamma Jo and Nathan from Rockleigh Tours, plus all the teachers who came along. An especially big thank you to Anne for organising and setting everything up. None of this could've happened without any of you – thank you!

Brodie Petty and Zoe Koch, Year 10.





Year 10 Camp – Shipwreck Coast (continued)...





*Year 10 Camp – Shipwreck Coast (continued)...*



## CONGRATULATIONS TO DUKE OF ED BRONZE AWARDEES

The beauty of the Duke of Ed Award Program at our College is that students can work at their own pace and really personalise the Award Program to their interests and needs. It means so much more when students complete and gain their Award.

Congratulations go to Amelia Dangaard, Amarli Kift-Rochow and Megan Broadley; they have been extremely determined and resilient in order to complete all the four sections of their Bronze Award by achieving their goals.

It is fantastic to work with students who see the value in working with others, giving back to the community and developing their abilities; these students in particular have been working hard since the start of Covid to complete their levels. Great work, well done!

Clare Rayner – Compass/Duke of Ed Co-ordinator.



Megan with her Bronze Award certificate

**The Lilydale Heights SIRC could like to thank Bakers Delight Chirnside Park for their support and sponsorship of our Breakfast Club on Tuesday and Thursday mornings.**

**Bakers Delight**  
We're for real.



## FIRST NATIONS OF LHC

With the new start to the semester, we began Term 3 with our NAIDOC Week celebrations. This year, the theme is Get Up! Stand Up! Show Up! This theme aims to encourage First Nations peoples and allies to maintain the momentum of those who have advocated change for First Nations peoples and their communities. The theme urges Australians to continue the fight for change. The theme Get Up! Stand Up! Show Up! pays respect to a proud history of resistance and activism by Aboriginal and Torres Strait Islander peoples. It recognises First Peoples' resilience and strength and celebrates those who have driven and led significant change in their communities over generations.

We celebrated NAIDOC by:

**SHOW UP – First Nations Film**

Students came along to watch 'Top End Wedding' in the Sustainability Hub during lunch time.

**STAND UP – Biscuits and Bracelets**

Over 50 students came and decorated biscuits and created wool bracelets in the colours of the Aboriginal and/or Torres Strait Islander flags during lunch time.

**GET UP – Traditional Indigenous games**

P.E teachers facilitated Traditional Yulunga Indigenous games during lunch time.

All SELF teachers facilitated a NAIDOC lesson based on First Nations heroes who have advocated for change throughout history, such as Pemuluwuy and Vincent Lingiari. Staff were invited to attend a NAIDOC Movie where we watched 'High Ground' in the Performing Arts Centre.

Students raised money for Deadly Science through a 'guess the lolly in the jar' competition!

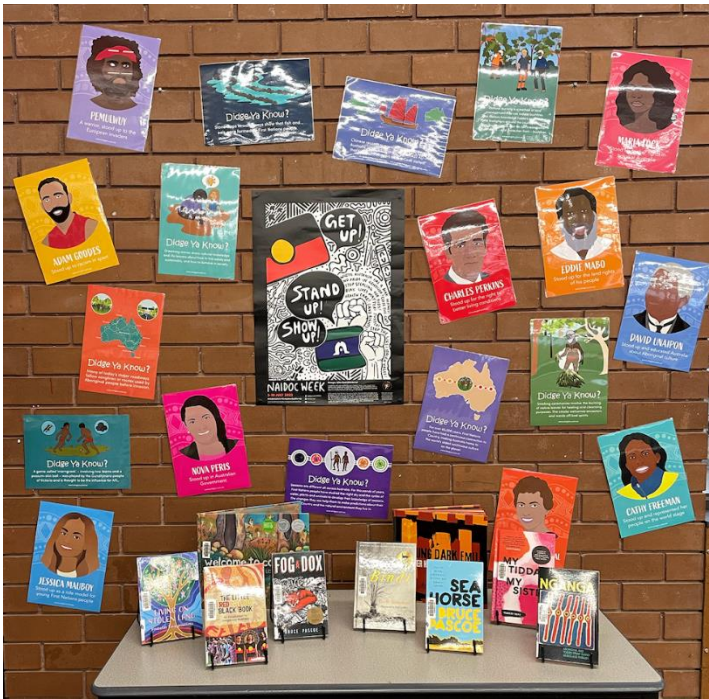
Thank you to all staff and students, especially to the Mob Monday group for their help throughout the week!

Tanna Draper Nagas - First Nations Advocate.





First Nations of LHC (continued)...





## INTER-SCHOOL SPORT – MIDDLE SCHOOL BASKETBALL

A sensational day was held on Friday 22<sup>nd</sup> July with our Middle School Basketball students representing our school. The Boys A Basketball side won through to the next level which was fantastic. Our B Boys Basketball finished second, playing off in the B group final. Our Girls A team lost one game only during the day to finish second and our Girls B team won the round robin set up for their team, so overall the results were very pleasing.

A special mention goes out to the Boys A Basketball team who beat Lilydale High school in their first game by just 1 point and then played off against Upper Yarra in the Grand Final. We were down by 2 points with approximately 20 seconds left to play. Jake Angus took an amazing 3 point shot which he nailed, which meant we were up by 1 point. Upper Yarra had 15 seconds to bring it back down the court to score but we managed to regain possession and hold it until the buzzer. The result was incredible and great coaching by Rippa. A big congrats to everyone for representing our school so well.

Sharon Francis & James Rippingale – Sports Teachers.



*Inter-School Sport – Middle School Basketball (continued)...*





## INTER-SCHOOL SPORT – MIDDLE SCHOOL TABLE TENNIS

On Friday 22<sup>nd</sup> July, the Year 9's and 10's competed in the Table Tennis Tournament for inter school sports, competing against two other schools. The Year 9 boys played individual and doubles games, coming away with a few wins and losses. The Year 10 boys team won their doubles games overall and came away with the flag and are into the EMR next round. A huge congratulations to the Year 9's and 10's that competed; it was a marvellous display of sportsmanship, representing the school with pride and enjoying a joyous day together.

Lauren Dwyer – Sports Teacher.



## COMPASS AWARD STUDENTS COMPLETE A COOK-UP!

I was so excited about our activity after school on Thursday 29th July; the students were amazing! They totally embraced the intentions of the activity - to learn and extend their skills/knowledge and to work as an Award community and support each other with developing new friendships/teamwork.

The students all did just that! There was so much positive communication and help. I was so pleased with their efforts in their cooking and menu selection. We saw some very healthy nutritious meals cooked in a safe manner. Alongside this we saw some excellent organisation, with students remembering all of their cooking ingredients and equipment.

I feel the students embraced the challenges and all took on board the feedback given to consider small changes/additions to make their menu more filling.

Great work everyone!

Clare Rayner – Compass/Duke of Ed Co-ordinator.



*Lilydale Heights College would like to thank Bendigo Bank Mooroolbark Community Branch, for their support and sponsorship of the Duke of Edinburgh Program and our Automated External Defibrillator Device (AED).*

Mooroolbark  
Community Bank® Branch



**Bendigo Bank**



*Compass Award Students Complete a Cook-up! (continued)...*



# COMMUNITY NOTICES & ADVERTISEMENTS

Please Note: Such publications do not imply College endorsement of the product or service.



LILYDALE HEIGHTS  
COLLEGE

## OUR MID-SEASON INTAKE IS NOW OPEN - GIRLS SOCCER TEAM U15

Have you missed the opportunity to join a club at the beginning of the year? Played years ago? Never played before? Just had a kick for inter-school sport? Excited for the World Cup 2022, and Women's World Cup 2023?

Any or all of the above? It's never too late to join.

Due to internal promotion to Div 1 senior squads we now have availability in the U15 girls team at Croydon City Soccer Club.

All experience levels and abilities are welcome.

Ages from 13-15

Come along and try a free training session. Training is on Monday & Wednesday nights with games on Sundays.

Contact: Michelle 0403 811 265 or Ang at [registrar@croydoncitysc.org.au](mailto:registrar@croydoncitysc.org.au)



## LILYDALE HUB

The Lilydale Hub may be closing at the end of this year because their funding has not been renewed. For more information please go to their website:

<https://www.lilydaleyouthhub.org.au/>

**LILYDALE HEIGHTS COLLEGE**

**17 Nelson Road Lilydale VIC 3140 Phone: 9735 1133 Fax: 9739 5463**

**Email: [lilydale.heights.co@edumail.vic.gov.au](mailto:lilydale.heights.co@edumail.vic.gov.au) Visit: [www.lilydaleheights.vic.edu.au](http://www.lilydaleheights.vic.edu.au)**



## Feeling Safe: For Secondary School Students

### Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



### What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you, or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children – it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

### What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
  - controlling a child through threats
  - exposing a child to sexual material and sexual acts
  - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central:  
<http://www.youthcentral.vic.gov.au/know-your-rights/sexual-assault>.

### What should I do if I have been abused or I feel unsafe?

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

### What should I do if I think someone I know has been abused or is unsafe?

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

### What if my friend doesn't want to tell an adult?

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.

### What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

### What if I don't feel like I can talk to anyone at my school?

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

### There are many people who can support you to feel safe and protected. You can:

- contact eHeadspace for advice online visit: [www.eheadspace.org.au/](http://www.eheadspace.org.au/) Call 1800 650 890
- contact KidsHelp Line: <https://kidshelpline.com.au/teens/> (24 hour web chat) Call 1800 55 1800
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.

