

**Principal: Rosina Fotia   Assistant Principals: Isabella Phillips/Tim Wright**

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## COLLEGE CALENDAR 2020 – APRIL

<b>Tuesday 14<sup>th</sup></b>	Student Free Day
<b>Wednesday 15<sup>th</sup></b>	First day of Term 2 for students
<b>Monday 20<sup>th</sup></b>	Dental Van (TBC)
<b>Thursday 24<sup>rd</sup></b>	Year 10 Roadsmart Sessions (TBC)

***Please Note: all dates and times are subject to change***

## PRINCIPAL'S REPORT

In spite of the significant trials being met by all members of our community, the College felt it was important to continue to acknowledge and celebrate the positive things that have been happening in the school community this month.

### Learning Focus

The focus during March has remained on teaching and learning. Most junior classes have now completed their On-Demand Testing and submitted at least one Common Assessment Task per subject. The first round of progress reports has been published and students have been provided with an opportunity to reflect on their progress so far this year. Staff are busy working on assessing and providing online feedback to students after completion on the first round of Common Assessment Tasks.

### March 6 Curriculum Day

On Friday March 6, over 600 staff from all government schools in the Lilydale District attended a regional professional development presentation from keynote speaker Simon Dewar. His presentation focussed on building a culture of curiosity around responding to student data. In the afternoon, staff returned to the College to develop and refine assessment practices. Specifically, we worked on 'Writing Across the Curriculum'. This entailed modelling for students how to write texts types specific to a given learning area. This ensures students are consistently applying these text types across like classes. It also helps develop writing these text types across different year levels. The development of these consistent assessment methods will also support the development of moderation, wherein teachers work together to ensure assessment outcomes and gradings are consistent across classes.

**Absence Hotline: 9735 7040**

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**Visit: [www.lilydaleheights.vic.edu.au](http://www.lilydaleheights.vic.edu.au)**

## College Council

The College Council has met for the second time this year and has officially welcomed the new committee. The Council would like to officially farewell and thank Mr Dominic Colaneri who has resigned from Council after almost nine years of continuous service. Dominic is outgoing School Council President and has played an integral part in the planning and support of the school's vision and priorities. We also welcome new Council member Ms Katherine Emary, who has joined Council as a parent representative this year. The office bearers for the 2020 school year are as follows:

President:	Danielle Burgham
Vice President:	Lynda Nel
Treasurer:	Douglas Shannon-Palfreyman
Secretary:	Tracey Green
Parent Members:	Dorianne Oliver, Karon Austin, Cathy Skinner, Katherine Emary
Staff members:	Isabella Phillips, Emily Gerson, Rose Lahza
Community member:	Fiona Purcell

We thank all Council members for their ongoing commitment and support.

## Building Works

Building works are progressing well and fortnightly site meetings indicate that both sites are progressing on time. The exciting news is that the College has managed to secure a "Creation Story" from Murrindindi, a local Wurundjeri elder. He has agreed to share a story which will form an integral part of the landscaping works to be completed later this year. Students will form a part of the design committee for this work.

## Year 7 Camp

Year 7 students have returned from the annual transition camp to Phillip Island. This camp forms a significant part of the transition program at the school. The camp has been attended by over 120 students this year. Thank you to all staff involved in planning and attending the camp. Congratulations to the students involved: your energy and sense of fun was contagious!



### **Rotary Grant**

The College has been fortunate enough to have been provided with a \$4,000 grant by the Rotary Club of Lilydale. The funds have been provided to support the Duke of Edinburgh Program which operates and is becoming increasingly popular in the school. Monies will support registration, purchase of equipment and supplies and will also cover some transport costs for participants. The College has prepared a letter of thanks for Rotary and students will attend Rotary meeting to share their experiences.

### **Harmony Day**

Harmony Day was organised by the SIRC and held on March 16. Harmony Day celebrates the cohesive and inclusive nature of Australia and promotes a tolerant and culturally diverse society. Although restrictions regarding food sharing applied, a wonderful day was had by all and the Community, along with members of the Rotary Club of Lilydale shared in school wide celebrations.

I wish everyone a safe and healthy term break and thank you for your ongoing support during challenging times. Stay well.



***Rosina Fotia,  
Principal***

***Lilydale Heights College would like to thank Bendigo Bank Mooroolbark Community Branch,  
for their support and sponsorship of the Duke of Edinburgh Program and our  
Automated External Defibrillator Device (AED).***

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## Swimming Carnival

What a great day we all had at the Swimming Carnival! A little chilly out of the water, the pools were the place to be. Ball Toss was a great success with lots of participation and a bit of “help” from Mr. de Kunder. The Year 7's showed the way with amazing participation in the swimming events and, as usual, the 5 minute challenge and Melbourne Cup provided lots of entertainment. So many students and staff dressed in their House colours and costumes added to the fun of the day.

### A special congratulations to our Age Group Champions:

U13 Max Phelan and Alma Kerr  
U14 Brodie Petty and Amy Perry  
U15 Tyler Elliott and Aimee Norris  
U16 Bailey Griffiths and Bella Theophanous-Maddison  
U17 Aidan Norfolk and Maisie Hennessy  
U21 Ben Moran and Hannah Ray



Congratulations to Kara and Sam Dahmen (Clowns), Leilani Zainor (Violet Beauregard), Laura Dangaard (Avocado) and Sophie Clune and Sorchia McKenzie (Vegemite) who won prizes for their wonderful costumes.

### The BIG result for the day went like this:

1st Yarra 654                      2<sup>nd</sup> Castella 520  
3<sup>rd</sup> Melba 453                    4<sup>th</sup> Olinda 390  
Well done to Yarra!

Sonya Tamos – Inter-school Sport Co-ordinator.



*Yarra House  
Captains*





## Yarra District Swimming Carnival

Congratulations to our College swim team who bravely competed in the Yarra District Swimming Carnival on Thursday 5<sup>th</sup> March in winter-like conditions.

Alma Kerr, Kai Burke and Max Phelan all came 2<sup>nd</sup> in their events. Maisie Hennessy won the U17 Breaststroke and also came 2<sup>nd</sup> overall in her Age Group Championship.



## Middle School Interschool Volleyball

Five of our teams were able to compete in the Yarra Group Volleyball Competition on Friday March 13.

A great day was had by all, albeit without any flags coming back to the College. Great camaraderie was shown by the students in supporting each other during all of the games.

Well done to all.



Sonya Tamos – Inter-school Sport Co-ordinator.

### Year 12 Information and Events



#### **Entry to Medicine and Dentistry in 2021**

Year 12 students planning to apply for any of the following university courses listed below, are reminded that registrations for the [UCAT \(University Clinical Aptitude Test\)](#) open on **2 March 2020** and close **11 May 2020**. The testing dates will be in the month of July 2020.

A reminder that students who are preparing for entry into any of these courses are encouraged to familiarise themselves with the **format of the test** at [UCAT Test Format](#) and the **practice tests and preparation material** provided at [UCAT Preparation](#)

<a href="#">The University of Adelaide</a>	Medicine, Dental Surgery, Oral Health
<a href="#">Charles Sturt University</a>	Dental Science
<a href="#">Curtin University</a>	Medicine
<a href="#">Flinders University</a>	Clinical Science/Medicine
<a href="#">Monash University</a>	Medicine
<a href="#">The University of Newcastle</a> / <a href="#">University of New England</a>	Joint Medical Program
<a href="#">The University of New South Wales</a>	Medicine
<a href="#">The University of Queensland</a>	Medicine (provisional entry), Dental Science
<a href="#">University of Tasmania</a>	Medicine
<a href="#">The University of Western Australia</a>	Medicine (Direct Pathway), Dental Medicine (Direct Pathway)
<a href="#">Western Sydney University</a>	Medicine
<a href="#">The University of Auckland</a>	Medicine
<a href="#">University of Otago</a>	Medicine, Dental Surgery

#### **ADF GAP Year 2021**

The **ADF Gap Year** program provides an opportunity for young Australians, who have finished Year 12 (or equivalent) and are aged between 17 and 24, to experience military training and lifestyle whilst gaining new skills and pay over their Gap Year. The life skills and job training that students acquire during their Gap Year experience will be valuable regardless of what career you ultimately undertake. **Gap Year opportunities are available in the Navy, Army and Air Force.** Applications for the 2021 program are now open.

To find out more information about the ADF Gap Year program please visit [ADF GAP YEAR](#)

Juliet Honey – Careers.



## Harmony Day

Thank you to everyone who contributed to celebrating Harmony Day. We apologise for needing to cancel our usual food celebrations and thank you to those who brought food in on the day. We were still able to have some activities and it was great to see different cultures represented in our school community. Money raised is being donated to bushfire relief through the Lilydale Rotary Club.

Michelle Pezzimenti.





## Peer Support

Thank you to the Year 10 Peer Support students who are doing a fantastic job of building relationships with the Year 7 students. Recently, this has included a trip to the Year 7 Camp in addition to their normal weekly activities.



Michelle Pezzimenti – Peer Support Teacher.



## Middle School Outdoor Education

Well done to the students in Middle School Outdoor Ed for their great work during our recent mountain bike sessions! These students completed two sessions, the first at school which focused on improving their skills through a range of challenges and obstacles around the school grounds. The second session involved riding to Lilydale Lake via the local bike paths. Once there the students completed a beginner and intermediate skills course. On the ride back to school students were again given the opportunity to challenge and extend themselves, this time on the local BMX course. It was awesome to see the students actively engaged in the activities and responsive to the instructions. They supported and encouraged one another and displayed resilience to push and extend themselves further, resulting in their skills and confidence improving significantly. Great work to all involved!

Nicola Boyle – Outdoor Ed Teacher.



## Whole School Cross-Country

Our Whole College Cross Country was run outdoors on Monday March 23<sup>rd</sup>.

Congratulations to the following students for winning their age group and being awarded the Age Group Champion.

- U13s Zara Goodman and Lachlan Mason
- U14s Chloe Fordham and Ben O'Connor
- U15s Erin Foley and Kai Burke
- U16s Bella Theophanous-Maddison and Cayden Cameron
- U17s Jade Mason and Jordan Thomas
- U21s Sean Baeko

Sonya Tamos – Inter-School Sport Co-ordinator.

## Feeling Safe: For Secondary School Students

### Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



### What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you, or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children – it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

### What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
  - controlling a child through threats
  - exposing a child to sexual material and sexual acts
  - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central:  
<http://www.youthcentral.vic.gov.au/know-your-rights/sexual-assault>.



### **What should I do if I have been abused or I feel unsafe?**

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

### **What should I do if I think someone I know has been abused or is unsafe?**

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

### **What if my friend doesn't want to tell an adult?**

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.

### **What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?**

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

### **What if I don't feel like I can talk to anyone at my school?**

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

### **There are many people who can support you to feel safe and protected. You can:**

- contact eHeadspace for advice online visit: [www.eheadspace.org.au/](http://www.eheadspace.org.au/)  
**Call 1800 650 890**
- contact KidsHelp Line: <https://kidshelpline.com.au/teens/> (24 hour web chat) **Call 1800 55 1800**
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.



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