

Principal: Ms Rosina Fotia

Assistant Principal: Ms Isabella Phillips

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Date: December

COLLEGE CALENDAR 2020 – JANUARY/FEBRUARY

Friday 24 th Jan.	College Office open 10 a.m. – 2 p.m.
Monday 27 th Jan.	Australia Day Holiday
Tues. 28 th Jan. & Wed. 29 th Jan.	College Office open 8 a.m. – 4.20 p.m.
Thursday 30 th Jan.	First day of school for all students
Wed. 5 th Feb. – Friday 7 th Feb.	Y12 VCE Soaring Start Camp
Wed. 12 th Feb. – Friday 14 Feb.	Y12 Outdoor Ed to Bunurong Coastline

Please Note: all dates and times are subject to change

PRINCIPAL'S REPORT

2019 has been another busy and productive school year. It is difficult to believe that this is the final newsletter for the year. December has been very industrious with students engaged in classroom and extra-curricular activities. While the College is busy preparing for the 2020 school year, many programs and activities have continued to be prepared and delivered to students still at the College.

Learning Focus:

December has been a busy and exciting time for all. The focus on student learning has been steadfast at this time of year with students undertaking end of year examinations and many students completing their Individual Learning Plans in preparation for the upcoming academic year. In addition to this, students from Years 9, 10 and 11 have completed at least one week of the STEP AHEAD Program where they have officially transitioned into the next school year.

The Class of 2019

Farewell to the Class of 2019, your contribution to the College community whether it be in the academic, sporting, arts or performing arts fields throughout your time at the College has been much appreciated. Whether you move on to employment, training or further studies, College staff and Council would like to take this opportunity to wish you every success for the future.

Awards Night

This College Night of Excellence was held on 9th December. This evening is the highpoint of the academic school year for students in Years 7 to 11. Awards are presented for academic distinction to students who have worked well ahead of their expected levels. Students who have contributed significantly to the College through Sport, Music and Leadership in the SIRC were also acknowledged on the night. In addition, we presented awards to students who have shown a strong commitment to the College values and contributed to the wider school community. Congratulations to all award recipients, your commitment to personal excellence and outstanding achievements are a credit to you all.

Absence Hotline: 9735 7040

Email: lilydale.heights.co@edumail.vic.gov.au

Visit: www.lilydaleheights.vic.edu.au

Congratulations to the following students who received the Principal's Awards for consistently demonstrating achievement above the expected standard in alignment with the College Values of Excellence, Respect and Responsibility:

Year 7: Shiloh Adams

Year 8: Laura Dangaard

Year 9: Sarah Rice

Year 10: Jonah Go

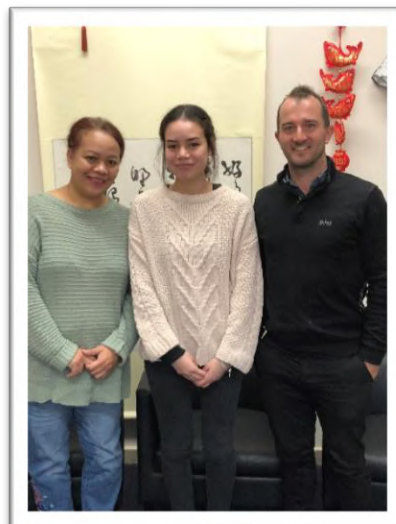
Year 11: Sinead Townsley



James Andrew Scholarship

Congratulations to Calla Anderson who has been awarded the first ever JAS scholarship. This scholarship will provide Calla with all the financial support she will need to complete her university studies after completing Year 12 this year. Well done Calla and thank you very much to the JAS.

Congratulations!



VCAL at East Awards

The AtEast VCAL awards were also held this month. This evening recognises students who have shown outstanding growth and progress during their final VCAL year at school and in the workplace. Congratulations must be extended to Tia Warford who was presented with an Industry Excellence Award.



VCE Results

Congratulations to Rebecca Nel who is the DUX of the class of 2019. Congratulations also to April Buttress who is the recipient of the Victoria Baccalaureate.

Orientation Day

On December 10, we welcomed the 2020 Year 7 cohort to the College. Students and some nervous parents gathered in the performance centre where they were formally welcomed, before students were whisked away to meet teachers, familiarise themselves with the College grounds and, most importantly, begin to develop new lifelong relationships. Congratulations and thank you to all students and staff who contributed to the success of the day.

Community Outreach Week

Community Outreach Week this year was another great success. The aim of this week is to provide students with an opportunity to give back to their community at a time when it needs it most. Students again selected from a range of activities including: entertaining residents of aged care facilities, delivering Japanese programs in local primary schools, working with the Yarra Ranges Council, as well as environmental duties at the school itself. Teachers and students prepared collaboratively and undertook each project enthusiastically.

Reports

End of Semester Reports are now able to be accessed by parents/guardians online. The aim of the report is to indicate to parents/guardians the progress your student has made over the semester period. Reports will give you an indication of how well your student is progressing and summarise the major assessment tasks completed by students this semester. Please do not hesitate to contact the College if you are unable to access your child's report.

Duke of Ed

It was a pleasure to be present at the celebratory BBQ held earlier this month to recognise participants in this year's Duke of Edinburgh Program. Congratulations to all students involved, thank you to the families who have supported them and well done to all supporting staff, in particular Ms Rayner for her vision and passion.



Sustainability BBQ

Thank you to all students, staff and families who supported the very successful Sustainability BBQ held on November 30 at Bunnings Lilydale. The day was a huge success and monies raised will support the work of the Sustainability Leader, Mrs Sargeant and her Sustainability Club. Earlier this year, this powerful and efficient team attained a star rating for the College and was recognised on a state level for their work. Well done team.

Mobile Phone Policy 2020

Mobile Phones banned from 2020

In June of this year, The Minister for Education, The Honourable James Merlino announced that from 2020, mobile phones will be banned in all government schools. The policy is being introduced because teachers and parents regularly raise concerns about the use of mobile phones during school hours as a cause of constant distraction in classrooms. Rolling out this state-wide policy will provide consistency for principals, teachers, students, parents and school communities. As part of this new policy, students must switch off their phones and store them securely from the moment they arrive on school grounds until they leave at the end of the day. Students will be reminded regularly of the new arrangements and the College Mobile Phone Policy will be available on the College website before the end of this year.



First School Day 2019

The first day of school for students in 2020 is Thursday January 30.

On behalf of the College Council and Staff at Lilydale Heights College, I wish you all a very restful and safe festive season.



***Rosina Fotia,
Principal***

TERM 1 & 4 SUNSMART

**Lilydale Heights College is a SunSmart School.
This is a reminder that in Terms 1 and 4 all students
are required to wear College Hats when outside.
Hats can be purchased at PSW or at the College.**



Silver and Gold Duke of Edinburgh Award Expeditions @ Mt Stirling and Craig's Hut

Congratulations on the group's achievements during this expedition. It is always a tough job to carry all of your gear on your back and camp for three nights, but to carry it non-stop up and down hilly terrains and be self-sufficient with cooking, cleaning and navigating is quite an achievement.

Both our Silver and Gold students completed this task with determination and perseverance. They had to listen and deal with that 'little voice' in their heads saying "I can't," find strategies and support each other to overcome travelling 30kms carrying heavy packs full to the limit. They enjoyed the beauty of the Alpine environment, with the rugged mountain tops, the views over the High Country and the ghostly snow gums. The weather was mixed as usual, beautiful sunshine for the first two days, heavy rain at night and then on 1st December, believe it or not, we were walking down the mountain in the falling snow!

Brilliant work everyone, it is a pleasure to work with students that are striving for excellence and trying to improve their skills in differing environments.

Clare Rayner – Duke of Ed Co-ordinator.



*Silver and Gold Duke of Edinburgh Award Expeditions @ Mt Stirling and Craig's Hut
(continued)....*



FUNFIELDS

A cold start to summer for our trip to Funfields as a part of our alternative week in Year 9. The chill factor did not stop us from making the most of the day, going on water slides, wave pool, go-karts, pirate ship and voodoo 360 roller-coaster. Highlights for the day were beating Mr de Kunder and Mr McGown on the go-karts in the hail and riding the Typhoon water slide with Miss Martin. Overall a terrific way to end the school year, we had a blast!

Year 9 Students & Mr McGown.



Compass and Duke of Ed Kayak Paddleball and Celebration Afternoon @ Lilydale Lake

It was a fitting end to a busy year for all of our Award students. Students from Year 7 through to Year 10 worked alongside each other; it was great to see. The students enjoyed splashing around with the paddleball and then sampled the sausages cooked by Ms Wilkins and Mr Lees. Thanks to all, it has been an enjoyable Award Program with lots of students gaining their Awards. Excellent!!

Clare Rayner.



Sustainability Update

We had a very successful day at the Bunnings BBQ. The sun was shining and many people were hungry. After heading out three times to purchase extra supplies, we raised over \$800! This money will go towards activities being run by the Sustainability Team, which includes the development of the food garden. Many thanks to the parents, students and staff who donated items or volunteered on the day. It was such a pleasure to be part of a great community event. Special mention to Anna Jardine, Claire Cooper, Kerri Schroder and Katherine Emary.

One of the goals of the Sustainability Captains to finish this year was to raise sustainability awareness. They have attended five Year 8 SELF classes and the joined class of Year 9 students during Week 9, with a lesson that focused on greenhouse gas emissions, water use and sustainable toilet paper. Many students were surprised to learn how much water they use every day and how much deforestation occurs to produce virgin toilet paper. We are hoping that they will try to be more resource smart as a result.

Wishing you all a safe and happy holiday season.

Shannon Sargeant, Lachlan Cottier and Imilia Popa-Jeske.



Celebrating Student Achievement

Lilydale Heights College is always happy to share in students' extra curricula activities. One of these students is Franc D'Couto, who has competed in a number of Judo competitions this year, including the Jigoro kano Cup with a bronze and three gold medals, the Spring Comp with a silver, the Adelaide State Comp with a gold medal and the Regional Comp held at Lilydale, with a gold medal in his category and a silver in the level above. He has also competed in the Vic State Comp, receiving a gold and silver for Kata and a gold for his Shiai. Franc has achieved his Brown belt and has now reached Grade B referee. A great effort.

Sonya Tamos – Sport Co-ordinator.



SIRC Planning Day

Friday 6th December was an important day for the 2020 Students Interact Representative Council. Students spent the day planning their events for 2020 which are looking like being really exciting. We will work closely with Lilydale Rotary again. Stayed tuned for an exciting event or two each term!

Michelle Pezzimenti.



Staff Boxing Class

Staff have been having fun and getting fit each Wednesday through participating in boxing classes. Thank you to everyone for your participation, skills and enthusiasm throughout the term!

Ashley Roberts.



Lilydale Heights College would like to thank Bendigo Bank Mooroolbark Community Branch, for their support and sponsorship of the Duke of Edinburgh Program and our Automated External Defibrillator Device (AED).

Mooroolbark
Community Bank® Branch  **Bendigo Bank**

The Lilydale Heights SRC would like to thank Bakers Delight Ringwood Square for their support and sponsorship of our Breakfast Club every Tuesday morning.

Bakers Delight
We're for real.

Year 7 Japanese

Students in Year 7 learned about 'Onigiri,' one of the most popular snacks in Japan. Year 7's had fun making rice balls and enjoyed eating them in class! They tried different flavours of 'furikake' (seasoning) and some students have since made them with their families at home.

Penne Evans.



Community Outreach Week- Lilydale Aged Care

As part of Community Outreach Week, a group of students visited the residents of Lilydale Aged Care. Students made connections through sharing life stories, playing BINGO, going for garden walks and teaching one another new skills like knitting and chess. Thank you to the Mr Ferre and the 8C band who showcased their musical skills, playing an array of songs to get residents smiling and tapping to the beat. Both students and residents enjoyed this valuable opportunity to build relationships, to learn from each other and enjoy each others' company.

Ashley Roberts.



Lilydale Heights Students Clean Up For Community Outreach Week

For three days during Community Outreach Week, Lilydale Heights College students helped with weeding and picking up rubbish in some of Lilydale's local areas, like Melba Park, The Gateway and Ringwood Lake.



Our goal for the week was to improve the state of the environment in and around Lilydale. While cleaning, we found a variety of items, such as: plastic, glass, old sporting equipment and clothing. It is unfortunate that one year since our last clean-up week, there was enough rubbish to fill eight and a half large garbage bags. By doing this COW program, students have learnt how to care for their environment, develop social relationships with each other and have realized that there is a lot more rubbish out there if you look for it.



They also helped the community by cleaning up their parks, so that people have a nice leisure area to use. We would like to thank the students who participated and the teachers who got involved in helping clean up Lilydale and the Ringwood Lake.

Kendall Seath.

Feeling Safe: For Secondary School Students

Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you, or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children – it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
 - controlling a child through threats
 - exposing a child to sexual material and sexual acts
 - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central:
<http://www.youthcentral.vic.gov.au/know-your-rights/sexual-assault>.

What should I do if I have been abused or I feel unsafe?

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

What should I do if I think someone I know has been abused or is unsafe?

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

What if my friend doesn't want to tell an adult?

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.

What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

What if I don't feel like I can talk to anyone at my school?

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

There are many people who can support you to feel safe and protected. You can:

- contact eHeadspace for advice online visit: www.eheadspace.org.au/
Call 1800 650 890
- contact KidsHelp Line: <https://kidshelpline.com.au/teens/> (24 hour web chat) **Call 1800 55 1800**
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.





COMMUNITY NOTICES & ADVERTISEMENTS

Please Note: Such publications do not imply College endorsement of the product or service.



LILYDALE HEIGHTS
COLLEGE

Thursday 23rd January



Kids School Holiday Fun

Choose from two times
10am or 1pm

CAKE Decorating

Animal Cupcakes

with Norma Rose Cakes

Animal Cupcakes

Create some cupcakes for only \$40

Guided by Jess from Norma Rose Cakes, this beginners cupcake decorating course will teach the kids how to create animal cupcakes to enjoy with their family.

Everything you need included:
6 cupcakes, buttercream, fondant, and a cupcake box to transport your cupcakes home. Learn how to colour buttercream icing, roll fondant and cut out fondant shapes to create your animals.



Kids School Holiday

Aged 8 - 15 years old

Art Workshops

with artist Alyson May

Come along to one or all of the School Holiday workshops and complete your unique masterpiece. Learn new skills, get creative and be inspired by the tutor and professional artist Alyson May.

Dynamic Drawing - Monday 6th January

9.30am to 12.30pm
In this workshop learn to draw a portrait of one of your favourite pets or animal using charcoal, pencil and draftsman pens. Learn fundamental drawing techniques and explore the different drawing materials.



Paint Party - Thursday 16th January

1.30pm to 4.30pm
Have fun experimenting with different paints and methods and learn to paint like a pro. It's easy in this guided experience. Learn about dramatic colours and bold brushstrokes using acrylic and watercolour paints to create landscape scenes like an Impressionists professional.



Sculpture Sensation - Monday 20th January

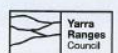
1.30pm to 4.30pm
Working with different materials, develop ways to express yourselves and the world around you through 3D art. Nature will be your inspiration for this workshop as you create a contemporary soft sculpture.



Cost: \$40 each workshop, price includes all material.
10% discount if you book your child in all 3 workshops.

To book your child in these workshops go through Trybooking at www.trybooking.com/BGVWW or call 1300 835 235

Cire services



www.cire.org.au

