

# THE HEIGHTS

Principal: Ms Rosina Fotia

News and Information from Lilydale Heights College

Assistant Principal: Ms Isabella Phillips

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### Principal's Report



#### Rosina Fotia, Principal

Welcome to Term 2, I trust that everyone has had a restful Easter period and is enjoying the beautiful autumn weather we are currently experiencing in Melbourne. This term promises to be very busy and includes events such as: NAPLAN, Work Experience, Open Night, Examination

Periods, Self-Evaluation, Attitudes to School Survey and Reports.

#### **Learning Focus**

This term the College will continue to keep its focus on Literacy and Numeracy across the whole school. The key emphasis for Professional Learning during this term will be introducing Writing Across the Curriculum and undertaking some Cultural Understanding Training regarding working with and supporting the learning of Indigenous students. Term 2 also sees the NAPLAN testing completed across the country. The National Assessment Program — Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7 and 9. All students in these year levels are expected to participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

#### **ANZAC Day Primary School Ceremony**

On Wednesday April 24, the Middle School Global Conflicts class, with the support of Ms Riazati and the Lilydale Legacy Group, facilitated an ANZAC ceremony for over 120 students from local primary schools. The event is now a regular on our College calendar. It provides young people with an authentic opportunity

to



understanding and to come together and appreciate the significance of ANZAC Day. Students were also provided with the opportunity to chat with war veterans and meet with local MP's and RSL and Legacy dignitaries.

### **COLLEGE CALENDAR 2019**

7 May	Open Night
13-17 May	Year 10 Work Experience Week
23 May	College Athletics Carnival

Please note: all dates and times are subject to change



#### **ANZAC Day Dawn Service**

The Lilydale Dawn Service ceremony was attended by College leaders and representatives this week. The student leaders laid a wreath, along with other community groups, on behalf of the Lilydale Heights College community. Many thanks to College members who were also in attendance.

#### Cross Country

Congratulations to Yarra House who followed up on their Swimming Carnival performance by taking out the Cross Country title at this year's event. Conditions for the event

were perfect and participation rates were very high. Many thanks to staff



and students who participated in the event.



Absence Hotline: 9735 7040 Email: lilydale.heights.co@edumail.vic.gov.au Visit: www.lilydaleheights.vic.edu.au





#### **Attitudes to School Survey**

We value student voice as a means to improving student engagement, wellbeing and quality instruction and are conducting a survey to find out what your child thinks of our school. The Attitudes to School Survey is an annual student survey offered by the Department of Education and Training to assist schools in gaining an understanding of students' perceptions and experience of school. Our school will use the survey results to plan programs and activities to improve your child's schooling experience.

Students from Years 7 - 12 at our school will participate in the survey. Your child will complete the survey online during school hours using a purpose built secure online survey tool. It is important to note that we are not in any way "testing" your child. Your child has the right to refuse or withdraw from the survey at any point before, during, or after completion of the survey.

Your child will be provided with a unique login to complete the survey. The student login is an <u>assigned identifier</u> that may be used to link data for statistical and research purposes only. All responses to the survey are kept anonymous in the response file. Personal identification data will not be recorded in the survey response file. This ensures that the confidentiality of your child's responses is protected at all times.

This year the Attitudes to School Survey will be conducted at our school over the period April 29 and June 7. The survey only takes 20 minutes to complete and occurs during your child's class time.

Anonymous survey results will be reported back to the school before the end of Term 2.

If you would like more information, please speak to your child's teacher or visit: <a href="http://www.education.vic.gov.au/school/teachers/management/improvement/Pages/performsurveyat.aspx">http://www.education.vic.gov.au/school/teachers/management/improvement/Pages/performsurveyat.aspx</a>



#### **Encouraging School Attendance**

Absences add up! Missing just two days a month means a child misses 10% of the school year.

Encouraging regular school attendance is one of the most powerful ways you can prepare your child for success—both in school and in life. When you make school attendance a priority, you help your child get better learning outcomes, develop healthy life habits, avoid dangerous behavior and have a better chance of graduating from high school and transitioning to further study, traineeships or full time employment.

When students are absent for fewer days, their results and reading skills often

improve—even among those students who are struggling in school. Students who attend school regularly also feel more connected to their community and develop important social skills and friendships.

If you are having difficulty getting your child to school and would like some support, please do not hesitate to contact the relevant sub-school Learning Leader on 9735 1133.

#### **UNIFORM SALES**

In preparation for our transfer to a new uniform supplier, the **UNIFORM SHOP** continues to offer **significant discounts** on selected uniform items.

**OPEN HOURS**: Wednesdays 2 - 4pm. **ORDER** forms available from front office.

From July 1 2019, our new uniform supplier will be PSW.

Uniform Description	Price
Windcheater & Logo	\$30.00
Polo Shirt & Logo	\$25.00
Sport Shorts & Logo	\$25.00
Waterproof Jacket & Logo	\$60.00
Backpack & Logo	\$50.00
Tie	\$15.00
Jumper & Logo	\$50.00
Baseball Cap & Logo	\$10.00
Bucket Hat & Logo	\$10.00
Sports Polo & Logo	\$30.00
Sports Trackpant & Logo	\$45.00
Sports Jacket & Logo	\$60.00

#### **NAPLAN Tests**

The National Assessment Program – Literacy and Numeracy (NAPLAN) for Year 7 and 9 students is held in May each year. NAPLAN tests assess student knowledge and skills in Writing, Reading, Conventions of Language (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals and can be used to improve student achievement.

Our school is conducting NAPLAN Online in 2019. This means that from 14–22 May 2019, students will complete all NAPLAN tests online in place of the paper tests.

If you have any questions or concerns about the NAPLAN tests please contact the relevant Learning Leader (Ms Gaudion for Year 9, Mr Denny for Year 7) or Mr Chapman via email or by calling 9735 1133.

#### Tim Chapman NAPLAN Coordinator

#### Melbourne Legacy's 88th ANZAC Commemoration Ceremony

On the 3rd April, Clash of Cultures students were given the opportunity to participate in the Melbourne Legacy's 88th ANZAC Commemoration Ceremony organised mainly for students. We were welcomed by the staff and guided to our seat. They handed out free programs to show what we would experience throughout the day as well as a brooch with a Australian flag and lavender, two factors of true value and meaning. The Melbourne Legacy is an organisation helping all families and widows of war veterans. It was an uplifting experience to be part of the Ceremony. Much gratitude to Ms Riazati for providing us with this educational experience.

Chloe Sheerman Year 9 Student

#### Eden gains her Silver Duke of Edinburgh Award

After 12 months hard work and determination Eden Magee was presented with her Silver Level Award. This is a fantastic achievement and should be celebrated. Eden has completed her three individual sections of physical recreation, skill and volunteering to help her community. Eden also completed her third day challenging expedition around the Bunyip State Park for her adventurous journey, being totally self-sufficient and coping in all weathers. Well done on your achievements Eden and we are very excited that you have started to go for the Gold Award!

Clare Rayner

Duke of Edinburgh Program

Co-ordinator





**Breakfast Club** 

Tuesday Mornings at 7.45am in the PAC

# **Cross Country**

What a great afternoon for the Cross Country. The weather was perfect, the music was pumping, the sausages sizzling, the Holi Powder a-floating and many students were either running or walking the Cross Country track. Well done to everyone who participated in the event.

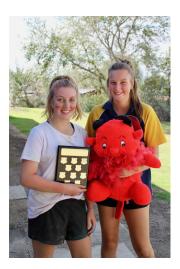
#### Congratulations to the Age Group Winners:

Under 13: Chloe Fordham and Zak MacIntosh

Under 14: Teagan White and Max Beaton-Tonkin

Under 15: Bella Theophanous–Maddison and Seb Dickson

Under 16: Jade Mason and Jordy ThomasUnder 17: Hannah Ray and Sam DahmenUnder 21: Brooke Watson and Josh Martin



House winner was a close competition. 30 points separated  $2^{nd} - 4^{th}$  with the overall winning House being Yarra!

Congratulations to House Captains Kacey Buller and Hannah Ray, House Leader Shannon Sargeant and all the Yarra House team.

#### **Congratulations to Daniel Hughes**

Daniel Hughes was involved in the Futsal Junior World Cup in early March, held in Barcelona, Spain. Following is a summary of his experience.

Going to Barcelona, Spain was a fantastic experience. To be part of the top 12 in Australia was amazing. I got to train with the best youth players and coaches as well as play in the Futsal Cup; my Australian team came second in competition. We also got to watch a professional Futsal game as well as watch a Soccer match at the historic Camp Nou and do a tour through the entire Soccer ground.





#### **Peer Support - Community Visits**

The Peer Support students visited some of our local Primary Schools this week and did a great job running activities and practising their leadership skills. The Aged Care home visit was also a highlight, with

students hearing some amazing stories from some members of our community. Well done to everyone!

**Michelle Pezzimenti** 

**Peer Support Co-ordinator** 









# Gossip

• Saying or forwarding mean or humiliating things about other people can cause them real worry and pain, or get them into trouble with their parents or the school. You can get in trouble for spreading stories about other people too.



- In some parts of Australia, it's against the law. Even where it isn't illegal, the other person
  can take you to court and if they win, you can be made to pay them money for the hurt
  you've caused them.
- Making someone's private information public (like posting their phone number or address online) might cause them more than a bit of drama (such as prank calls); it might put them in danger.
- Think before forwarding pictures, messages or jokes about someone else, or sharing their private information.

## PROTECT LEDUCATION STATE





### Feeling Safe: For Secondary School Students

#### Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



#### What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you. or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children - it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

#### What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
  - controlling a child through threats
  - exposing a child to sexual material and sexual acts
  - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central: http://www.youthcentral.vic.gov.au/know-your-

#### What should I do if I have been abused or I feel unsafe?

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

#### What should I do if I think someone I know has been abused or is unsafe?

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

#### What if my friend doesn't want to tell an adult?

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.



#### What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

#### What if I don't feel like I can talk to anyone at my school?

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

#### There are many people who can support you to feel safe and protected. You can:

- contact eHeadspace for advice online visit: www.eheadspace.org.au/
  - Call 1800 650 890
- contact KidsHelp Line: https://kidshelpline.com. au/teens/ (24 hour web chat) Call 1800 55 1800
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.