

THE HEIGHTS News and Information from Lilydale Heights College

Principal: Ms Rosina Fotia

Assistant Principal: Ms Isabella Phillips

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Principal's Report



Learning Focus

Staff Professional Learning with a focus on Literacy continues this term. Staff have completed sessions on Independent Reading, Writing to Learn (WTL) strategies and Substantive Talk (ST) strategies for use in the classroom.

The next phase will be a focus on Writing Across the Curriculum (WAC). This priority will provide consistency for students with regards how to complete writing tasks in specific subject areas.

REMINDER: REPORTING ON STUDENT LEARNING IN 2019

As part of our ongoing efforts to improve communication and feedback on student learning to both students and parents, Lilydale Heights College is making some changes to the way teachers will report on students' learning progress in 2019. These changes are informed by a review we conducted in 2018 that included consultation with parents as well as research into best practice in Victorian secondary schools.

In 2019 teachers will report on students' learning progress in the following ways:

- Progress Reports (now published in the middle of each term)
- Parent-student-teacher conferences (at the end of Term 1 and 3)
- Feedback on 2-3 Common Assessment Tasks (CATs) in each Year 7-10 subject each semester
- Feedback on School Assessed Coursework Tasks (SACs) in each VCE subject

End-of-semester reports

To summarise changes we have made in comparison to previous years:

 Progress Reports will now be published each term rather than just Terms 1 and 3. They have been moved forward in the term to allow any issues they raise to be addressed more promptly. The reporting criteria on Progress Reports has been changed (see

COLLEGE CALENDAR 2019

2 April	Cross Country
4-5 April	Parent-Teacher Interviews
5 April	Last Day of Term 1
23 April	First Day of Term 2
29 April	Year 12 Careers Expo
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Please note: all dates and times are subject to change

below).

 Teachers will report on 2-3 CATs/SACs completed by students each semester including written comments on students' achievements and areas for improvement or future progress. Teacher feedback will be visible to parents and students through the Learning Task function on Compass.

End-of-semester reports will no longer contain written comments. They will now include the same criteria used in Progress Reports and a summary of student performance on their CATs/SACs. They will continue to include attendance data, Victorian Curriculum Levels (Years 7-10), Unit Results (VCE), Outcome Results (VCAL), and Exam results (Years 9-11)

Parent Teacher Interviews

Parent-Teacher Interviews provide an important opportunity for you and your child to discuss his/her progress and to build communication between parents and the College. Bookings for parent/teacher student Interviews are now open and can be now made through the COMPASS Portal. Interviews will operate on Thursday April 4th from 4pm – 8pm and then on Friday April 5th from 10am – 1pm. Interviews will be for 10 minutes duration. Bookings will close Wednesday April 3rd at 10pm.

Please note that no regular classes will be held on Friday April 5th. It is expected that students accompany their parents to the interviews and participate in the discussion of their progress and areas for improvement.

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Grants

The College has been successful in gaining grants aimed at improving student access to resources and programs.

Bendigo Bank of Mooroolbark has provided \$1,500 towards supporting the Duke of Edinburgh program.

Rotary Club of Lilydale has contributed \$2,000 towards supporting families who need additional assistance with learning resources for their children.

The College thanks these sponsors for their support and formally acknowledges and appreciates their significant contribution to the College.

Ota Daiichi

Our sister school visitors arrived on March 15. They completed a tour of the school before joining their homestay students and buddies. Penne Evans has organised a range of activities for the students and teachers. This has included a visit to the Mayor of Yarra Ranges, teaching language at a local primary school and a special dinner for teachers from Ota Daiichi in the beautiful Yarra Valley.



Interact and Harmony Day

The College officially launched its Interact Club at a whole school assembly this week. Interact is similar to Rotary and is supported by the local Rotary Club. The students work to model Rotary Values through practical efforts. This includes supporting, raising awareness and funding raising on a local, national and international level. From now on, the SRC will be known as the SIRC. The first activity planned by SIRC was Harmony Day held on March 21. Harmony Day celebrates the cohesive and inclusive nature of Australia and promotes a tolerant and culturally diverse society. A wonderful day was had by all and the community, along with members of the Rotary Club of Lilydale, shared in school wide celebrations.





Year 7 Camp

Year 7 transition camp to Phillip Island is now complete. The Peer Support students joined the camp on March 14. Over 120 students attended. The camp was supported by teaching and ES staff and is a key part of transition activities for new students and teachers.









Rosina Fotia, Principal

NAPLAN Tests

The National Assessment Program – Literacy and Numeracy (NAPLAN) for Year 7 and 9 students is held in May each year. NAPLAN tests assess student knowledge and skills in Writing, Reading, Conventions of Language (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals and can be used to improve student achievement.

Our school is conducting NAPLAN Online in 2019. This means that from 14–24 May 2019, students at our school will undertake all NAPLAN tests online in place of the paper tests.

In late March and April, students will complete a practice test so they have an opportunity to become familiar with the question types in the NAPLAN Online tests. If you have any concerns about your student sitting a practice test please contact the relevant Learning Leader (Ms Gaudion for Year 9, Mr Denny for Year 7) or Mr Chapman on 9735 1133.

Support can be arranged for students with disabilities if the student regularly uses similar support for classroom assessment tasks.

Exemptions may be granted to students with significant intellectual disabilities and to students who have been learning English for less than one year.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the College. If you decide to withdraw your child, you must sign a Student Withdrawal form – these forms will be available at the school in Term 2.

Tim Chapman NAPLAN Coordinator

Harmony Day

Congratulations to the SIRC students who organised an awesome celebration for Harmony Day. Thank you to all families who provided food for the lunch and to all students who dressed up. It was a wonderful atmosphere that celebrated the diverse community that we live in. We raised an amazing \$613.45. The money will now be donated to the States Schools Relief Fund and the College Sustainability Team.

Michelle Pezzimenti, Student Leadership Co-ordinator





















Harmony Day continued...

















Getting a GRIP

On Tuesday, 12 March, four student representatives from the SIRC attended the GRIP Leadership Conference in the city. Students learnt about various different aspects of successful leadership as well as useful tips on how to advance the SIRC in 2019. These students will now bring their knowledge back to the Student Leadership Team for discussion. Well done to Lachlan, Eden, Lucy and Laura on representing our school in such a positive way.

Michelle Pezzimenti,

Student Leadership Co-ordinator







Keeping it nice

When you're communicating through technology, it's easy to forget that the person you're talking to is a real person with real feelings. If you wouldn't say it face to face, or yell it out at your school assembly, don't say it online. That goes for insults, swearing and rumours, too.



You can't always tell if someone's joking when you can't see or hear them - even with
emoticons - so be careful when you're chatting, to make sure that what you say won't be
taken the wrong way.

Peer Support

Once again this year, the Year 10 Peer Support classes headed down to Phillip Island for a day at Year 7 Camp. Students had planned various beach activities for the afternoon and enjoyed seeing the camp site again after a few years – they shared stories of their own experience of Year 7 Camp on the way down. The students enjoyed a more relaxed environment and were able to connect with their Year 7 friends even more than usual. It was a fun filled day with various team building games that encouraged the students to communicate, work together and encourage each other. Well done to all students involved.

Michelle Pezzimenti, Student Leadership Co-ordinator









Compass and Duke of Edinburgh's Award

Our Compass and Duke of Edinburgh's Award group started their activities this week. On Tuesday 19th March after school our students made their way to Clifford Park Activity Centre in Wonga Park.

Our mission was to work together, developing our problem solving skills and build together as a team to work around 'Challenge Valley". Challenge Valley is a group of obstacles featured in a bush setting where you have to work effectively as a group in order to complete it. The students face logs, high walls, and swing across thick mud pits and dark underground pipes.

All students embraced the session; they constantly demonstrated individual determination and resilience in themselves, but also responsibility and support to assist their group members.

It was a great spectre to see, watching students from across the school having fun and just having a go! Great job to all and thank you to Mr Chapman, Ms Sargeant and Ms Wilkins for supporting the afternoon!

Clare Rayner, Duke of Edinburgh Program Coordinator













Art

Year 7 Art







Art Club





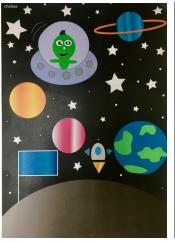




Year 8 Visual Communication Design



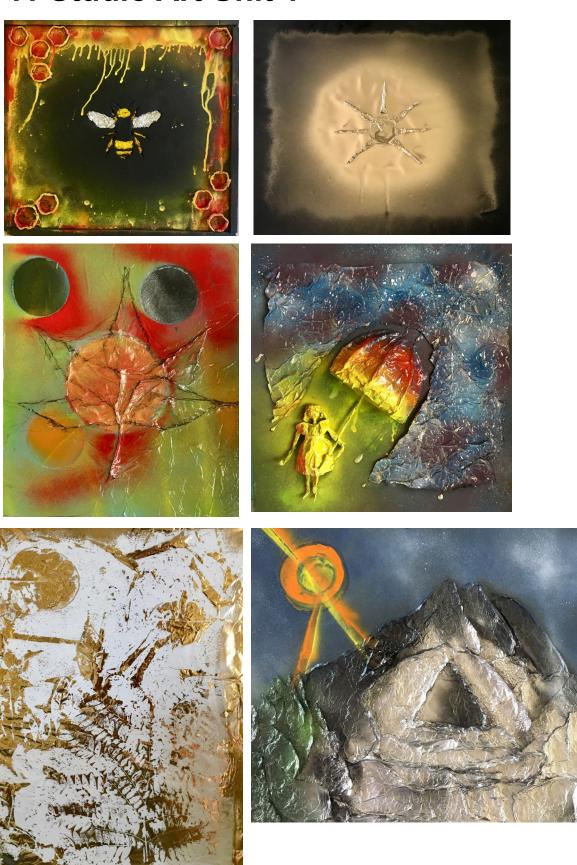






Art continued...

Year 11 Studio Art Unit 1



Swimming Carnival

Swimming was held this year on the last day of summer and, boy, did we know it! A great day was had by all. Plenty of shade and sunscreen and the chance to participate in not just swimming events but the five minute challenges. Melbourne Cup and Ball Toss in the wading pool meant everyone could keep cool.

A special congratulations to our Age Group Champions:

- U13 Amy Perry and Brodie Petty
- U14 Aimee Norris and Kai Burke
- U15 Bella Theophanous-Maddison and Seb Dickson
- U16 Maisie Hennessy and Deacon Talbot
- U17 Tash Elliott
- U21 Brooke Watson and Dean Warren

The BIG result for the day went like this:

- 1st Yarra
- 2nd Castella
- 3rd Olinda
- 4th Melba

Special mention to our winners of Best Costume – Sam Dahmen, Kori Roughley-Gibson, Shae Scott, Gen Bowen, Trak Buller and Holly Skinner



Well done to Yarra House - Captains, Kacey Buller and Hannah Ray, and Leader Ms Sargeant.

Sonya Tamos, Inter-School Sport Co-ordinator







Yarra Group Division Swimming Carnival

Congratulations to all the students who participated in this Carnival on March 7. We had 12 students who represented the College, swimming in their events they had won at the College Carnival, as well as participating in other events which resulted in Lilydale Heights coming 6th overall, including coming 3rd in the Junior Aggregate.

A special mention to Hayley Ray, Brodie Petty and Aimee Norris who came in the top 4 in their age group and Maisie Hennessy who won the Under 16 Age Group Champion.

Hayley and Maisie now have the opportunity to compete in the Eastern Metropolitan District championship representing the College and the Yarra Division later in March.

Sonya Tamos, Inter-School Sport Co-ordinator







Eastern Metropolitan Region Swimming Carnival, March 26

Congratulations to Bella Theophanous-Maddison, Tash McGrath and Hayley Ray who represented the College and the Yarra Group district in the EMR Swimming Carnival on March 26.

Tash competed in five events over the day, coming 4th in three events and 3rd in the 50m Butterfly and 100m Freestyle. Bella swam in four events, coming 5th in the 200 Individual Medley, 2nd in the 50m Backstroke and 1st in both the 200m Freestyle and 100m Backstroke. This means that Bella goes through to the State Swimming Championship in April to represent the Eastern Region in her winning events. I was told that both girls did a great job "and made a lot of noise cheering for each other and their swimming squad friends!"

Well done to all and good luck to Bella.













Term 1 Sport Wrap-Up

Inter-school Summer Sports were held over Term 1. The Sports students competed in were Cricket, Softball, Baseball, Volleyball and Tennis.

We have several teams that will be going through to the next level of competition, the Eastern Metropolitan Region (EMR) competitions, in the following sports:

Year 7 Girls Cricket, Year 7 Softball and Baseball, Year 8 Softball, Intermediate Girls Cricket and Intermediate Girls Tennis. Tennis will be played at the end of Term 1 but the other Sports will be played in Term 4.

Year 8 Girls and Boys Volleyball both came 2nd, as did Intermediate Cricket, Senior Boys Cricket and Senior Boys Volleyball.

A great Term of Sports.

Next Term sees Football, Netball, Basketball, Soccer, Table Tennis and Badminton competitions happen. Keep an eye out for these!

Congratulations to the following students who competed in a variety of Sports outside of the school this term.

Franc D'Cuoto received a Silver medal for U55kg Senior Boys Shiai in March and a Bronze medal in February at the International Judo Competition in Canberra.

Daniel Hughes competed in Futsal for Australia in Spain. What an amazing experience and opportunity.

Bella Theophanous-Maddison competed in Tasmania in the State Crisps Swimming Championships and Tash McGrath competed in the Metro Long Course Swimming Championships. Both students will be competing in the (EMR) Swimming Carnival, with Hayley Ray, on Tuesday March 26. Wishing them all the best.

Sonya Tamos, Inter-School Sport Co-ordinator



PROTECT LEDUCATION STATE





Feeling Safe: For Secondary School Students

Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused, or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you. or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children - it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
 - controlling a child through threats
 - exposing a child to sexual material and sexual acts
 - exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central: http://www.youthcentral.vic.gov.au/know-your-

What should I do if I have been abused or I feel unsafe?

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

What should I do if I think someone I know has been abused or is unsafe?

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

What if my friend doesn't want to tell an adult?

- You should still tell an adult you trust on your friend's behalf.
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.



What will happen if I tell an adult at the school that I feel unsafe, or that I know someone who is unsafe?

- You will be helped.
- Teachers and other adults at your school must listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further abuse, or risk of abuse.

What if I don't feel like I can talk to anyone at my school?

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

There are many people who can support you to feel safe and protected. You can:

- contact eHeadspace for advice online visit: www.eheadspace.org.au/
 - Call 1800 650 890
- contact KidsHelp Line: https://kidshelpline.com. au/teens/ (24 hour web chat) Call 1800 55 1800
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.

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