

HEIGHTS News and Information from Lilydale Heights College

Principal: Ms Rosina Fotia

Assistant Principal: Ms Isabella Phillips

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Principal's Report



I would like to welcome everyone from the school community to the 2019 school year. Four weeks in and the school year has started smoothly, students have settled quickly and the focus in the classroom has moved to improving learning outcomes. We have officially welcomed all our new

staff and students at a whole school assembly. A special welcome must be extended to our 140 Year 7 students and their families.

Welcome to the following staff who have also joined the outstanding team at Lilydale Heights College:

•	Ms Alison Bieber	Science and Japanese
•	M2 VII2011 DIEDEI	Science and Japanese

Mr Jacob DeKunder **English and Media**

Ms Juliet Honey Careers Education

Ms Lara Kinder English and VCAL

Mr Troy McGown Mathematics and PE

Mr Shane O'Connor Product and Design

Ms Jane Scobie **English**

Ms Kendall Seath **English**

Ms Sonya Tamos **Educational Support**

Ms Shenae Whitfield Health and Humanities

Learning Focus and Curriculum Day

The College undertook a Strategic Review during 2018 and has now determined its core focus for the next four

The main focus areas in terms of students learning outcomes were outlined to staff and students at the beginning of this school year. The College priorities this year include:

- Improving literacy and numeracy outcomes for all students
- Actively engaging all students in their learning by developing an aspirational culture.

COLLEGE CALENDAR 2019

28 February	Swimming Carnival			
12-15 March	Year 7 Camp to Phillip Island			
15-26 March	Ota Daiichi Visit			
2 April	Cross Country			
4-5 April	Parent-Teacher Interviews			
Please note: all dates and times are subject to change				

Our first Curriculum Day of the year was held on Tuesday February 19.

During the Curriculum Day teachers focused on providing effective feedback on student learning through Compass Learning Tasks. A particular focus was providing feedback on student learning demonstrated through Common Assessment Tasks (CATs) in Years 7-10, and School Assessed Coursework tasks (SACs) in VCE. Similarly, VCAL teachers will be working on effective feedback on their students' progress towards VCAL Learning Outcomes.

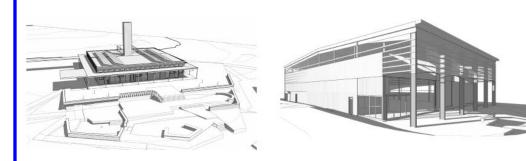
Teachers also worked on Semester 1 Curriculum with a focus on the following elements:

- Clear Learning Intentions and Success Criteria for each lesson, so students know what they are learning and how they can know they have achieved success
- Use of explicit literacy and numeracy strategies to improve student understanding and skills
- Differentiation to ensure every student is challenged and progressing in their learning

College Building Works

The detailed design process for the \$8,000,000 building works is now complete and the project will go to tender in the next few weeks. Works will include a sustainability centre, establishment of a town centre and erection of a new indoor sports stadium. It is anticipated that building works will commence in Term 2.





Attendance: It's not OK to be away!!!

A reminder to parents of the importance of regular attendance at school. Daily attendance is important for all children and young people to succeed in education and to ensure they don't fall behind both socially and developmentally:

School participation maximises life opportunities for children and young people by providing them with education and support networks

School helps children to develop important skills, knowledge and values that set them up for further learning and participation in their community

School helps them to make the most of life opportunities.

Children and young people who regularly attend school and complete Year 12, or an equivalent qualification, have:

- better health outcomes
- better employment outcomes
- higher incomes across their lives.

Research confirms there is a strong link between poor attendance and adverse student outcomes like:

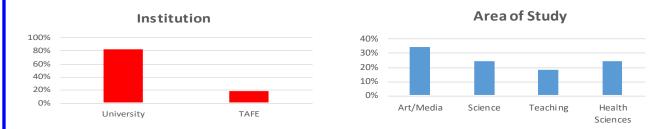
- early school leaving
- poverty
- substance use
- unemployment
- negative health outcomes.

Please remember to contact the school on 9735 7040 or 9735 1133 if you child is absent from school.

VCE Class of 2018

The 2018 VCE cohort completed a very successful year of study and again produced some exceptional results. 76% of the class of 2018 indicated that they wished to continue with further study in 2019 and received a tertiary offer.

Their choice of Institution and preferred areas of study can be seen below.



In addition to this eight students completed their Senior VCAL certificate and have transitioned to full time employment/training in 2019.

We look forward to a productive school year.

Soaring Start Camp

To provide and consolidate good study practices for the successful completion the Year 12, the class of 2019 has returned from their Soaring Start camp. Students stayed at Ormond House, a residential complex based at Melbourne University. During their stay students visited various educational facilities including RMIT, ACU and Melbourne University itself. In addition, they also visited the State Library, Victoria Market and undertook explicit study skills training under the guidance of Elevate Education. The camp also provided the opportunity to build team and collegiality within the year level. Thank you to the Senior School Team for their organisation and support of the event.

Rosina Fotia, Principal

CSEF 2019

If you applied for the CSEF at Lilydale Heights College in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances. The school will automatically apply for the CSEF on your behalf.

You will only need to submit an application form in 2019 if any of the following changes have occurred: **new student enrolments:** your child has started or changed schools in 2019 or you did not apply at the same school in a previous year

changed family circumstances: such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Schools are able to accept and process applications up until the end of Term 2 each year.

CSEF payments are made to schools from March onwards each year.

The payment is \$225 per year for eligible secondary school students.

To be eligible, on the first day of Term 1 (29 January 2019) or the first day of Term 2 (23 April 2019), a parent or legal guardian of a student must be an eligible beneficiary of one of these cards:

- Centrelink Health Care Card
- Pensioner Concession Card
- Veterans Affairs Gold Card

OR they must be a temporary foster parent

Application forms are available at the General Office.

It's Not OK to be Away

Every Day Counts

Going to school every day is the single most important part of your teenager's education. Students learn new things at school every day – missing school puts them behind.

Why it's important

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

Students develop good habits by going to school every day – habits that are necessary to succeed after school, whether in the workplace or in further study.

Missing school can have a big impact on students academically and socially. It can affect their test results, including VCE & VCAL, and, just as importantly, it can affect their relationships with other students, and lead to social isolation.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Each missed day is associated with falling behind in subject topics and assessment tasks, and lead to fewer subject choices and may impact on achievement in Years 11 and 12 and post-school pathways.

Getting in early

It's never too late to improve attendance. Even in the middle years, when school can seem the most challenging for students and when attendance rates can be at their lowest, going to school more often can make a big difference. **Every day counts**.

Schools are there to help – if you're having attendance issues with your child, speak to your school about ways to address those issues.

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Being away from school for 1 day a fortnight equals missing 1.5 years over 13 years of school

If for any reason your teenager must miss school, there are things you can do with your school to ensure they don't fall behind:

- Inform the school via the Attendance Officer or your Student's Year Level Liaison.
- Find out what work your student needs to do to keep up.
- Develop an absence learning plan with your student's teachers and ensure they complete the plan.

Remember, every day counts. If your teenager must miss school, speak with your Year Level Liaison as early as possible.

Openly communicating with your teenager's school about all absences is a good way to prevent attendance issues being escalated. Chronic or ongoing attendance issues that are escalated can lead to an Infringement Notice being issued to parent/s.

In Victoria school is compulsory for children and young people aged 6 – 17 years

Top attendance tips for parents:

- Schools want to work in partnership with parents act early if you have any concerns by contacting your child's school and asking for advice and support
- Remember that every day counts
- There is no safe number of days for missing school each day a student misses puts them behind, and can affect their educational outcomes and their social connectedness
- Talk positively about school and the importance of attending every day
- Open and prompt communication with your child's school about all absences is a good idea
- Avoid making routine medical and dental appointments during the school day or planning family holidays during the term
- Seek help from your school if you are concerned about your child's attendance and wellbeing. Schools want to work in partnership with parents to support student attendance and wellbeing.

Further information

For more information and resources to help address attendance issues, visit: www.education.vic.gov.au/school/parents/behaviour/Pages/studentattendance.aspx

School must be notified in the morning if your student is to be absent.

When a student is absent he/she is required to provide an explanation from a parent. A medical certificate is required for absences in excess of three school days.

Parents can submit absences in a number of ways:

- Via the school phone number 9735 1133 and follow options for the absence line
- Via Compass home page, click on attendance listed under your student's name then you can enter the absent type

Helene Butterworth, Attendance Officer

Reporting on Student Learning in 2019

As part of our ongoing efforts to improve communication and feedback on student learning to both students and parents, Lilydale Heights College is making some changes to the way teachers will report on students' learning progress in 2019. These changes are informed by a review we conducted in 2018 that included consultation with parents as well as research into best practice in Victorian secondary schools.

In 2019 teachers will report on students' learning progress in the following ways:

- Progress Reports (now published in the middle of each term)
- Parent-student-teacher conferences (at the end of Term 1 and 3)
- Feedback on 2-3 Common Assessment Tasks (CATs) in each Year 7-10 subject each semester
- Feedback on School Assessed Coursework Tasks (SACs) in each VCE subject
- End-of-semester Reports

To summarise changes we have made in comparison to previous years:

Progress reports will now be published each term rather than just Terms 1 and 3. They have been moved forward in the term to allow any issues they raise to be addressed more promptly. The reporting criteria on progress reports have been changed (see following page).

Teachers will report on 2-3 CATs/SACs completed by students each semester including written comments on students' achievements and areas for improvement or future progress. Teacher feedback will be visible to parents and students through the Learning Task function on Compass.

End-of-semester Reports will no longer contain written comments. They will now include the same criteria used in Progress Reports and a summary of student performance on their CATs/SACs. They will continue to include Attendance Data, Victorian Curriculum Levels (Years 7-10), Unit Results (VCE), Outcome Results (VCAL), and Exam Results (Years 9-11).

In addition, students at all year levels will work in their SELF classes on Career Action Plans that will be published on Compass for parents to view at the end of Term 2.

Finally, parents can view a range of information by accessing Compass throughout the school year. This includes attendance data and details of Learning Tasks assigned to students and their completion.

Progress Reports, feedback on CATs and SACs and End-of-semester Reports are all accessed through Compass, as well as bookings for parent-student-teacher conferences. Therefore Compass is an important mode of communication between the College and students and parents. If you are unsure of how to access or use Compass, please contact the College on 9735 1133 for assistance.

PROGRESS REPORT CRITERIA

Students will be assessed on the criteria below using the following scale: Consistently (C) / Usually (U) / Sometimes (S) / Rarely (R) / Not shown (NS)

Showing improvement in learning (Excellence)

Developing new knowledge and understanding Developing new skills and capabilities

Demonstrating effort (Excellence)

Consistently doing your best Taking on new challenges

Supporting the learning of others (Respect)

Working collaboratively with other students Participating positively in class discussions

Displaying positive behaviour (Respect)

Communicating respectfully with staff and students Meeting expectations for classroom behaviour Following instructions of staff

Maximising learning opportunities (Responsibility)

Being prepared for class with the required equipment Listening and questioning to clarify understanding Completing learning tasks by the due date Seeking assistance as required

Attendance (Responsibility)

Very Good: 95-100% Good: 90-94%

Needs attention: Below 90%

Not attending

Tim Chapman, Curriculum and Data Leader

Adolescent Health Nurse at LHC

Hello Lilydale Heights College community. My name is Courtney Croxford and I am pleased to be continuing my role as the Adolescent Health Nurse at LHC in 2019.

The key role of the Adolescent Health Nurse is to support health promotion and primary prevention in secondary schools. In practice, this involves running health workshops in classrooms, working in collaboration with the school wellbeing team to see students for individual health consultations and creating a two year Health Promotion Plan tailored specifically to LHC.

My current working days at Lilydale Heights College are Mondays and Tuesdays and my office is located opposite the library. If you would like more information about the program or my role, please email me at Croxford.Courtney.J@edumail.vic.gov.au

I am looking forward to a happy and healthy 2019 at Lilydale Heights College!

Courtney Croxford, Adolescent Health Nurse

NAPLAN tests

The National Assessment Program – Literacy and Numeracy (NAPLAN) for Year 7 and 9 students is held in May each year. NAPLAN tests assess student knowledge and skills in Writing, Reading, Conventions of Language (spelling, grammar and punctuation) and Numeracy. The results of the tests provide information for students, parents, teachers and principals and can be used to improve student achievement.

Our school is conducting NAPLAN Online in 2019. This means that from 14–24 May 2019, students at our school will undertake all NAPLAN tests online in place of the paper tests.

In late March and April, students will complete a practice test so they have an opportunity to become familiar with the question types in the NAPLAN Online tests.

Support can be arranged for students with disabilities, if the student regularly uses similar support for classroom assessment tasks.

Exemptions may be granted to students with significant intellectual disabilities and to students who have been learning English for less than one year. If your child is eligible for support due to disability or exemption, you should discuss this with his/her teacher prior to the tests. Parental consent is required before any support due to disability or exemption is granted.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in consultation with the College. If you decide to withdraw your child, you must sign a Student Withdrawal Form. These forms are available at the school.

While it is anticipated that NAPLAN Online will be successfully implemented in 2019, there are contingencies in place to deal with the unlikely occurrence of significant issues.

Tim Chapman
NAPLAN Coordinator

Lights up on Literacy

Welcome to 2019! This year we are looking forward to continuing the development of literacy at Lilydale Heights. Literacy forms a foundation when it comes to education and learning. Every subject relies upon literacy skills, from vocabulary, to reading, writing, speaking and listening. In fact, one of the things that sets humanity apart from the rest of the animal kingdom is our ability to communicate in such depth with each other, in so many varied ways.

Reading is a skill that underpins all other areas of literacy. In order to improve students' literacy skills, we have a well-established Independent Reading program. For 20 minutes a day, students are asked to read a piece of their own choice; something they are interested in, and find entertaining. This simple act will improve vocabulary, spelling skills, understanding of sentence and paragraph structure, as well as understanding of different forms of writing, and many other things.

Some interesting numbers can be seen in the below table:

Percentile Rank	Minutes of Reading Per Day	Baseline - Words Read Per Year	Plus 10 Minutes - Words Read Per Year	Percent Increase in Word Exposure
98	65	4,358,000	5,028,462	15%
90	21.1	1,823,000	2,686,981	47%
80	14.2	1,146,000	1,953,042	70%
70	9.6	622,000	1,269,917	104%
60	6.5	432,000	1,096,615	154%
50	4.6	282,000	895,043	217%
40	3.2	200,000	825,000	313%
30	1.8	106,000	694,889	556%
20	0.7	21,000	321,000	1429%
10	0.1	8,000	Based on reading level, ~300,000 words	
2	0	0		

By adding 20 minutes, we are growing students' word count, and all the other beneficial effects this has.

It is important that students are pushing themselves, and ensuring they are bringing their book to reading every day. One way that this learning could be reinforced at home is through the inclusion of reading time at home. Reading before sleeping has been shown to strengthen the positive effects of sleep, and will double down on the reading being undertaken at school. Modelling reading at home will also help students understand that it is part of the norm to read for enjoyment. Enjoy your reading time.

SunSmart

Welcome back everyone.

A reminder that as per the College SunSmart Sun Protection Policy, all students are required to wear hats when outside during Terms 1 and 4.

Only College uniform hats are to be worn.

The SunSmart Sun Protection Policy is available on the College website.

Isabella Phillips, Assistant Principal

Congratulations Daniel!



Congratulations to Daniel
Hughes who has been chosen to
represent Australia in an
international Futsal Competition
to be held in Spain this year.
Daniel will compete and train
with and against athletes from
around the world including: USA,
Brazil and Spain. We wish him
every success. Well done!

Sports

Welcome to all the new Year 7 students and families and welcome back to all other students and families to the College Sports program.

Lilydale Heights College is part of the Yarra Group Division of the Eastern Metropolitan Region. Students will be given the opportunity to play various sports against other Colleges in the area. Sports being contested in Term 1 are Cricket, Baseball, Softball, Volleyball and Tennis. Middle and Senior Students sign up and have tryouts for teams, Junior students are selected by the teachers in their Sport sessions.

The College also holds three Whole School Carnivals – Swimming (on February 28), Cross Country (April 2) and Athletics (May 23). All students are encouraged to participate in each Carnival, not necessarily competing in events but there will be other fun and inclusive activities for all. Students are encouraged to dress up in House colours and to have an enjoyable day!

Students are allocated into four Houses:

OLINDA - BLUE HOUSE

Name derived from the Olinda Creek from where the future site of the Lilydale township was first seen.

CASTELLA – YELLOW HOUSE

Named after the family De Castella who were first to settle in the Lilydale area.

MELBA – GREEN HOUSE

Named after Dame Nellie Melba, the famous opera singer who was born in the area, lived her later years in Coldstream and is buried in the cemetery across from the school.

YARRA - RED HOUSE

Named after the indigenous inhabitants of the Lilydale area, the Yarra Yarra people.

The whole College Swimming Carnival will be held at the Croydon Memorial Pool on Thursday February 28. All students will be in attendance at the pool and are encouraged by their House Captains to participate in fun events offered, even if not swimming competitively.

The Cross Country will be held on April 2. More information will be given to the students closer to the event.

Sonya Tamos,

Interschool Sport Co-ordinator

Harmony Day Celebrations

This year we will be celebrating Harmony Day on Thursday 21st March. This will be a free dress day (Gold Coin donation) We encourage everyone to wear dress that best reflects their cultural heritage or a culture they are interested in. Normal school rules apply in terms of no piercings, appropriate footwear, no singlet tops and no coloured hair.

Harmony Day celebrates how all of our differences make Australia whole, and a great place to live. It celebrates the cultural diversity of our country and shows respect for everyone who calls Australia home.

We encourage students to bring a <u>labelled</u> plate of food, especially one that represents their culture. The label should include ALL the ingredients present in the food. These will be put out at lunchtime. Those students who bring a plate will be able to try the food others have brought. If unable to bring a plate, some will be available at \$2 for a plate. (Food must be labelled and no nuts).

There will also be a variety of fun activities down by the Etihad, these include: The chopstick challenge, Japanese calligraphy and an international soccer match. A sausage sizzle will be held in this area as well. Sausages and cans of soft drink will be \$2 each.

For more information please see your SIRC representative:

- Year 8: Laura Dangaard, Gemma Giambalkaris
- Year 9: Hazel Gannon, Allie Webber, Trak Buller
- Year 10: Jonah Go, Lucy Lamond, Jatin Beri
- Year 11: Sinead Townsley, Jacinta Richards, Eden Magee, Lachlan Cottier
- Year 12: Damian Dao, Gen Bowen, Kacey Buller, Bec Nel, Hannah Smith

Bec Nel on behalf of the SIRC

Year 11 Outdoor Environment Studies Camp Investigating Natural and Unnatural Environments Around Philip Island

Our New Year 11 OES group were ready to journey to Phillip Island for their investigation. We left the school in rainy, gale force winds Tuesday afternoon. The rain and wind continued throughout the night reaching gusts of 80km per hour at times with heavy rain impacting our tents. Throughout their first camp the students coped very well; cooking some healthy evening meals on camp stoves at Rhyll foreshore, before a stormy sunset walk between the heavy showers. The students continued to work hard and make the most of their activities going from studying Ranger's work to surfing and then on to the Penguin Parade for the evening activities assessing the management strategies used by Island Nature Parks. The students embraced the school values right from the word go and continued when working with the volunteers at the Philip Island Historical Society, investigating the Island's past as well as its current events. All their work was put to a final test with a 10km walk at Cape Woolamai Faunal Reserve, this time embracing the sun which was a refreshing change, investigating the coastal and heath ecosystems. Well done to all, we had a great camp, full of learning and surrounded by constant challenges, fun and laughs. A great job to all!

Clare Rayner, Outdoor Ed. Co-ordinator

Year 11 Outdoor Environment Studies Camp continued...

















Year 11 Outdoor Environment Studies Camp continued...

















PROTECT LEDUCATION





Feeling Safe: For Secondary School Students

Get the facts

This fact sheet has been designed to give you the facts about child abuse. It includes advice on what to do if you have been abused, are being abused. or are at risk of being abused. This fact sheet also provides you with advice if you know someone who has been abused, or is at risk of being abused.



What are your rights?

- Everyone has the right to feel safe and be protected from abuse.
- No one is allowed to threaten you, hurt you, or touch you in a way that makes you feel uncomfortable, unsafe or afraid.
- This includes all adults, other teenagers and children - it includes everyone from family members, coaches, teachers, to friends and strangers.
- Every relationship should be respectful.
- No one should ever involve you in sexual activity without your consent, and no one should behave in a way that makes you feel unsafe or afraid.
- You don't have to deal with abuse on your own. Talk to a trusted adult. Teachers and other adults at your school can support you to get help.

What is child abuse?

- Child abuse includes physical abuse, sexual abuse, emotional or psychological harm, neglect, and family violence.
- Child abuse can also include grooming. This is behaviour where an adult tries to establish a relationship or other emotional connection with a child, to prepare them for a sexual relationship.
- Child abuse does not have to involve physical contact or force. It can include:
 - controlling a child through threats
 - exposing a child to sexual material and sexual acts
- exposing a child to family violence.
- Child abuse can be perpetrated by any member of a community or a family member. Abuse can impact anyone and it is never the victim's fault.

For more information on sexual abuse and sexual assault visit Youth Central: http://www.youthcentral.vic.gov.au/know-your-

What should I do if I have been abused or | feel unsafe?

- You should talk to an adult you trust.
- If you have been abused, or feel unsafe or threatened in any way you don't have to deal with this on your own.
- Abuse is never your fault and you should tell a trusted adult so you can get the help and support you need to feel safe and protected. Talking to someone won't get you in trouble.
- You can tell a teacher or any adult at your school. They will be able to help you.

What should I do if I think someone I know has been abused or is unsafe?

- You should talk to an adult you trust. Any staff member at your school will be able to help.
- You can also help your friend by encouraging them to tell a trusted adult.

What if my friend doesn't want to tell an adult?

- You should still tell an adult you trust on your friend's behalf
- Even if your friend has specifically asked you not to tell an adult, you still should. It is more important to make sure that your friend is helped and feels protected.

school that I feel unsafe, or that I know someone who is unsafe? You will be helped. ■ Teachers and other adults at your school must

What will happen if I tell an adult at the

- listen to your concerns and help you.
- The information will not be shared with the person who is making you feel unsafe.
- Information will only be shared with people who can support and protect you.
- In some cases the people helping you are required by law to tell the police, the Department of Health and Human Services' Child Protection services and/or your family to prevent any further

What if I don't feel like I can talk to anyone at my school?

- You should still find a trusted adult to talk to.
- Abuse or feeling uncomfortable is too big to deal with on your own.

There are many people who can support you to feel safe and protected. You can:

- contact eHeadspace for advice online visit: www.eheadspace.org.au/ Call 1800 650 890
- contact KidsHelp Line: https://kidshelpline.com. au/teens/ (24 hour web chat) Call 1800 55 1800
- Call or visit your local police station or call 000.
- Talk to your doctor, psychologist, social worker, welfare officer, or another trusted adult.



PROTECT Feeling Safe: For Secondary School Students DET @2016 2

MARCH UNIFORM SALE!

From March 1-31, 2019

20% OFF all current stock!

No refunds or advance orders.

COMMUNITY NOTICES & ADVERTISEMENTS



Please Note: Such publications do not imply College endorsement of the product or service.



GIRLS AFL COME 'N TRY SESSIONS

Sunday, February 10 and 24, 2019 10:00 — 11:00 am At Old Soccer Ground adjacent to Queens Park in Healesville



